

WE ARE MAKING A DIFFERENCE

SOC&COM

JUNE
**MACDONALD-
JENKINS**
New Senior Dean
and Principal

**Space
Inventory
Project**

**FSCS Fall COIL
Initiatives**

**The
GARDENS
Highlights**

and more!

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**WE ARE
FUTURE FOCUSED**

Letter from the Senior Dean and Principal, Lakeshore Campus

In this edition of SOC&COM I have the distinct pleasure of highlighting the impressive and innovative approaches that continue across the Faculty of Social and Community Services and the Lakeshore Principal's Office. I hope you enjoy the articles about our President's award-winning team members, faculty appointments to national boards, and our ongoing commitment to community development from our students and the impacts they are having on their communities through their academic programming.

With a focus on authentic student experiences, the WIL Centre continues to provide innovative approaches such as the CYC Virtual Hangout, Career Connect access and the Space Inventory Project to assist in providing top quality experiential learning and job opportunities in partnership with the local community.

In this edition you will also see how we continue to connect to our global partners without leaving the country, COIL (Collaborative Online International Learning) projects continue into the fall, with partnerships in Denmark - UCL University College (UCL), and University College Absalon (Absalon), as well as virtual summer exchanges.

We also have updates on the applied research being lead through our faculty, that address the changing nature of the social dynamic and how we can be part of the larger solution from a social innovation lens with work in the areas of affordable housing, cannabis use in our youth, reimagining what healthy communities could look like and contributing solutions to the diversification of our communities and our learning environments.

From the Principal's office we are always excited to share updates on the Gardens Project. The creation of a series of short educational videos are housed in the GARDENS Virtual Learning Library, as well the Gardens documentary was named as a finalist at the World Food Forum Film Festival. These summer workshops were well attended and created employment for an eager group of individuals looking to give back to their community. Wellness Talks continued to be a central approach to providing supports during the ongoing pandemic with a focus on health and wellness through a variety of sessions such as virtual yoga, meditation and engaging guest speakers sharing their journeys to mental health once again.

Please ensure you check out the amazing accomplishments of our alumni and program advisory members and their ongoing commitment to Humber and stay tuned for the ongoing planning associated with celebrating the Interpretative Centre's 5-year anniversary. Finally, I would like to offer my thanks and sincerest appreciation to those who work to create this publication to showcase the many incredible people and projects that support the great work of both the Faculty of Social and Community Services and the Principal's Office. I would personally like to thank everyone who has been so kind and gracious to me as I commence my role as the new Senior Dean and Principal and look forward to meeting the many members of both Humber College and Lakeshore community that supports all that we do in the committed manner that I have noted to date. I look forward to seeing what is next.

Sincerely,
June MacDonald-Jenkins
Senior Dean, Faculty of Social and Community Services
Principal, Lakeshore Campus
Humber College

Program & Faculty Highlights

Introducing June MacDonald- Jenkins

**Community Development
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**2021 FSCS President's
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Public Director of Women's
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and more!



Introducing June MacDonald-Jenkins as the new Senior Dean (FSCS) and Principal (Lakeshore Campus)

We are pleased to announce June MacDonald-Jenkins as the new Senior Dean of the Faculty of Social and Community Services and the Principal of the Lakeshore Campus.

June joins Humber from Loyalist College where she held roles as the Associate Vice-President, Academic and Dean of Health, Human and Justice Studies. After a 15-year career in the health sector, June started her teaching career at Durham College in 2002 as a Nursing Professor and was later seconded to a Project Manager role in the Office of Research Services and Innovation.

During her time at Durham College, June led the development of the Critical Care Hub of Excellence program proposal and served on the Steering Committee to ensure a successful roll-out. In addition,

she successfully led program and accreditation reviews, managed all ministry-funded projects and was actively involved in research in the area of apprenticeship and flexible delivery methodologies.

In 2012, June was seconded as the Dean of Police Education and Innovation for Durham Regional Police Services. As the first-ever academic Dean of a Police Service in Canada, June worked with Police services provincially and nationally to develop, implement and enhance policing education where she successfully shifted Durham Regional Police Services' mandatory training to a professional development model of delivery.

With over 19 years of experience in the education sector, June has a strong commitment to teaching and

learning, research, social innovation and academic leadership. She is the recipient of a national teaching award for the use of technology-based resources to enhance the learning environment. June's experience in leading strategic initiatives, building partnerships, program quality assurance and her collaborative approach will bring value to our Humber community.

June holds a Master of Science in Nursing from McMaster University, a Bachelor of Science in Nursing from Laurentian University and a Nursing Diploma from Halifax Infirmary School of Nursing. June's first day will be October 8th.

Please join us in welcoming June to Humber!

Full communiqué article [here](#).

“ With over 19 years of experience in the education sector, June has a strong commitment to teaching and learning, research, social innovation and academic leadership. ”



2021 FSCS President's Awards Winners

This year three folks from within our faculty were recipients of the 2021 President's Awards. These awards recognize Humber staff and faculty for their creative, innovative and leadership contributions in various categories. This year the FSCS staff were recognized in three categories: Administrative Distinguished Service, Research Excellence and Internationalization. Join us in celebrating Derek Stockley, Francis Syms and Linda Hill for their awards!

Administrative Distinguished Service Award – Derek Stockley

With over 17 years of experience in the college sector, and 12 years at Humber, Derek has enriched the Lakeshore campus and the Faculty of Social and Community Services with a wealth of experience and extensive work in the field of Social and Community Services. Throughout his career, Derek has demonstrated a commitment to Equity, Diversity, and Inclusion. He is currently the co-chair of the Access and Equity for Staff working group of the EDI Taskforce. He has led numerous college-wide initiatives including the 6 in 6 speaker series, and a college-wide wellness initiative developed in response to the COVID-19 pandemic. Derek has always fostered a supportive and collegial team environment, with a strong focus on employee wellbeing.



"Throughout his career, Derek has fostered a supportive and collegial team environment, with a strong focus on employee wellbeing. Derek led a College-wide wellness response to the impacts of the COVID pandemic on Humber College, by supporting employees with multiple new wellness activities and workshops."

- Nominated by Kim Pavan, and the FSCS Administration Team



Research Excellence Award – Francis Syms, and the B2C Lab Team

As a part of the B2C Lab Team in collaboration with the Faculty of Applied Sciences and Technology (FAST) and the Faculty of Media and Creative Arts (FMCA), Francis led the development of the wireless infrastructure to support ATSC along with support and knowledge in the fields of infotainment, community service and cybersecurity. Over the course of five years the B2C Lab will involve the contributions of over 150 students. This is the first lab of its kind in Canada and will help establish the new broadcast-broadband standards across North America. ATSC 3.0 is the next-generation global television broadcast standard set to replace the current North American standard (ATSC 1.0). Students from FAST, FMCA and FSCS will be accorded a unique opportunity to work alongside and collaborate with external partners fostering student integration with industry.

“Over the course of five years the B2C Lab will involve the contributions of over 150 students. The grant is designed to keep students at the center of the experience. Students from FAST, FMCA and FSCS will be accorded a unique opportunity to work alongside and collaborate with external partners fostering student integration with industry.” - Nominated by Camila Perez Pen

Internationalization Award – Linda Hill

Linda Hill's nomination highlights her various contributions to the internationalization of curriculum within the Faculty of Social and Community Services. Through her work, Linda has made significant contributions to Humber's Internationalization Strategy, directly supporting the four strategic pillars.

Linda's work on and support of international initiatives and global learning opportunities continues to have a meaningful and positive impact to involve, engage, and benefit students, staff and stakeholders across the College community, both internal and external to Humber. This nomination recognizes her professionalism, enthusiasm, and dedication to internationalization efforts, which have significantly contributed to Humber's mission and strategic direction.



“Linda effectively promotes opportunities to the Bachelor of Community Development students and faculty members and encourages them to participate by emphasizing how global experiences will add value to their learning while developing essential employability skills. She encourages students to approach their field of study through both a community development and a global lens.” - Nominated by Stephanie Byer

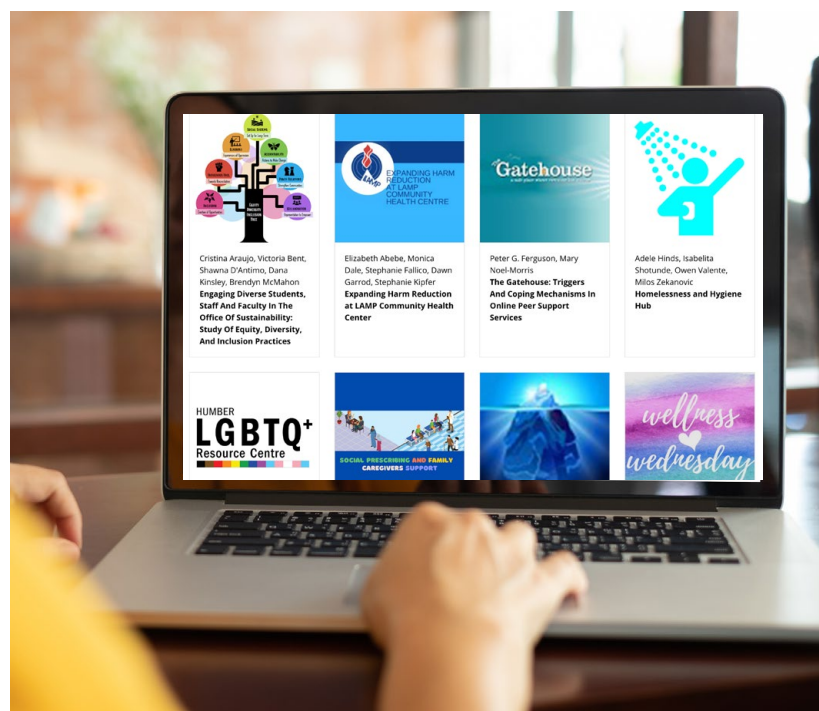
Check out the full list of the 2021 President's Award winners [here](#).

Julie Young Appointed as Public Director of Women's Shelters Canada Board

Dr. Julie Young, faculty member in the **Criminal Justice program** in FSCS, has been appointed to the Board of **Women's Shelters Canada (WSC)**, whose mission is to work as a unified voice for systemic change to end violence against women, while providing leadership for collaboration and knowledge exchange among shelters and transition houses across the country.

The Board is currently comprised of eight Directors - five of whom are from WSC's Advisory Council and three Public Directors. Dr. Young will serve as a Public Director. The Board's role is to ensure that Women's Shelters Canada is meeting its legal and fiduciary obligations, ensuring its sustainability, and setting WSC's strategic plan.

Dr. Young is a social justice thought leader with a passion for diversity and inclusion, social enterprise and community building. She is a member of the National Advisory Council on Gender-Based Violence (Federal Ministry of Women and Gender Equality - WAGE) and a Gender Based Violence Expert on the National Research Program conducted by the Centre for Research and Education for Violence Against Women. She is also the **2020 recipient of the Excellence in Brescia University College's Teaching Award**. Her current research program addresses women's empowerment, the financial and social inclusion of those experiencing poverty, and gender bias within the family court. She is the past Chair of the London Race Relations Advisory Council, the Royal Bank Equity and Diversity Council and Londoners for Opportunity. She is known by her students as a professor with an interactive classroom that bridges the distance between the academy and the real world. She is most passionate about launching the next generation of do-gooders and game-changers.



Community Development Capstone Website Launch

The Bachelor of Community Development program at Humber had its first graduating class in Summer 2021! As part of their final year in the program, students complete a capstone project, sharing research on various topics relevant to the field of community development. FSCS launched a website to showcase the amazing work by student groups. Capstone projects included topics such as *Engaging Diverse Students, Staff and Faculty in the Office of Sustainability: Study of Equity, Diversity, and Inclusion Practices*, *Technology Integration for PSW's*, *Triggers and Coping Mechanisms in Online Peer Support Services*, and *How COVID-19 has Impacted Low-Income Individuals and Families with Regards to Their Housing Situation*, amongst others. Visit the **Community Development Showcase website** to read more about these and the other research projects of the 2021 graduating class.

FSCS Virtual Orientation



On September 2nd, Faculty of Social & Community Services (FSCS) kicked off the 2021-2022 school year by welcoming over 1,200 first semester students, at our Virtual Orientation. This year FSCS launched the **Bachelor of Social Science, Addictions and Mental Health program**, welcoming our first cohort of students. It was a great opportunity for professors and students to meet and get ready to start the school year!

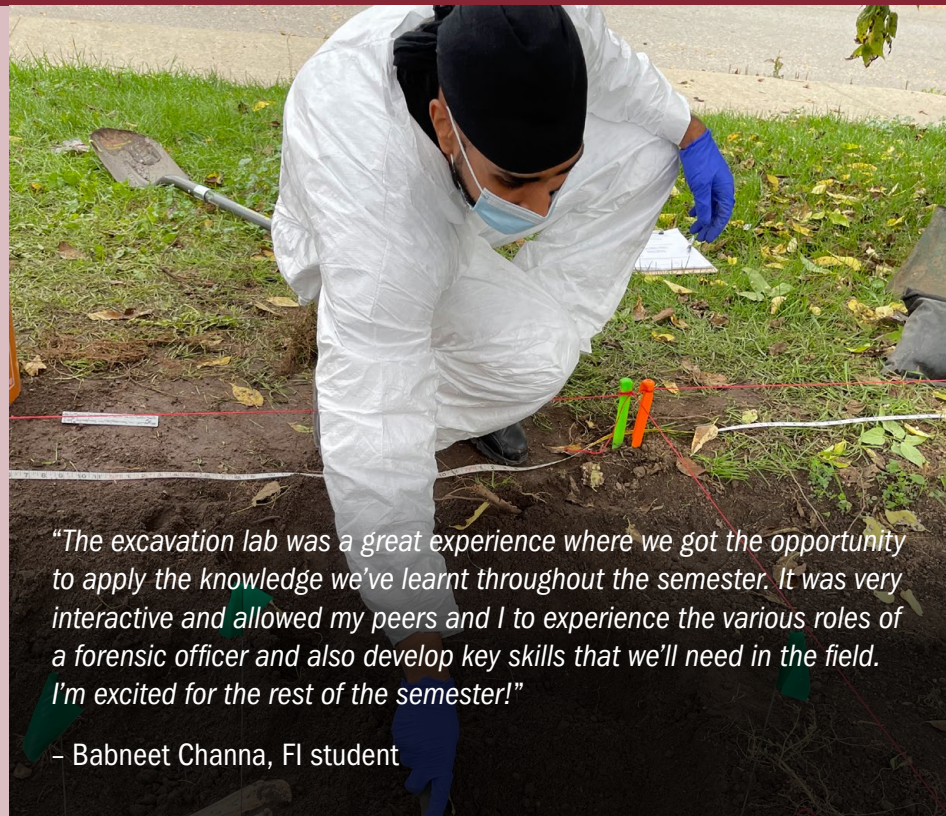


Upcoming CJS Mock Interviews

Fourth semester students in the **Community and Justice Services (CJS) program** are invited to participate in mock interviews with community partners, providing them an opportunity to network and get professional interview practice. Invites are being sent out to eligible students for the November 18th event!

Forensic Identification Lab

Forensic evidence plays a crucial role in the investigative and court process. As part of the **Forensic Identification Graduate Certificate Program**, students learn the steps involved in locating, searching and documenting scenes, including surface scatter remains and clandestine graves from a forensic perspective. Emphasis is placed on the recovery of physical evidence without contamination of the scene. This clandestine recovery of remains involved hands-on group work with an emphasis on identifying the search area and datum point, documenting (photographs, notes, sketches) and collection of physical evidence.



"The excavation lab was a great experience where we got the opportunity to apply the knowledge we've learnt throughout the semester. It was very interactive and allowed my peers and I to experience the various roles of a forensic officer and also develop key skills that we'll need in the field. I'm excited for the rest of the semester!"

– Babneet Channa, FI student



"I have so many positive thoughts about the lab! What I like about this program is how hands on it is, despite covid everyone has worked hard to make it as hands on as possible for us and a perfect example was that lab! It involved team work and communication which I'm sure is a huge part of working in this field. It allowed us to apply all the theory we learned during class and helped us to understand the content much more! Actually doing the work and learning it are two very different things and this lab definitely helped me remember everything I was learning. With guidance and some fun we were able to successfully complete the lab and get a small look into what it's like working in the field!"

– Serena DiBattista, FI student

"With being restricted to the amount of in-person meetings and collaborative work due to the pandemic for a while now, it was exciting to hear that as a class we would be able to experience the forensic labs Humber has to offer, in person! The Recovery of Remains lab allowed me to not only get hands-on experience; but my hands literally quite dirty from all the excavation digging! Truly an interesting and enlightening experience for the next generation of forensic workers!"

– Karolina Kasprzyk, FI student



Work-Integrated Learning & Community Partners

WELCOME TO THE WIL CENTRE

Career Connect!

CYC VIRTUAL
HANGOUT

Space
Inventory
Project



Welcome to the WIL Centre

The start of the Fall term has brought a fresh wave of excitement as some activities have shifted back to on-campus. The **WIL Centre** has been continuing to work to support final details for students that began their Work-Integrated Learning experience in September, visiting preparation classes to help raise awareness of the WIL process, offering student support, conducting ongoing partnership outreach, and shifting attention over to the upcoming Winter and Summer semesters.

WIL Centre Highlights



CYC Virtual Hangout

This past summer our **Child & Youth Care (CYC) Diploma** students engaged in the CYC Virtual Hangout. The project enjoyed great success and has expanded this Fall to include our Diploma and Degree CYC students. Students are designing and facilitating three workshops for three age groups over the semester. The workshops are 1-hour each and cover a variety of topics. Community agencies that provide services to children and youth can book workshops to be delivered by our eager CYC students.

A few of the many topics include the following:

- Emotional Development: Exploring Emotions (children under 6)
- Staying Home Alone: Safety (latency to pre-adolescence)
- Sex and Sexuality (adolescence, ages 13-24)

Please help us by getting the word out. Check out Humber's **CYC Virtual Hangout** for more information and share within your networks.

Career Connect!

The Faculty of Social and Community Services is excited to now be part of Humber's job portal website, **Career Connect!** Both students and recent alumni now have access to find and apply to a range of diverse opportunities. The WIL Centre is using Career Connect as the main platform to share approved Work-Integrated Learning opportunities with students. We are excited to have a singular platform for employers and students alike to connect.

Work-Integrated Learning Centre
Faculty of Social & Community Services

HUMBER
**CAREER
CONNECT**
CAREERCONNECT.HUMBER.CA

Login as an 'Employer' to post opportunities for Humber students! Job Portal for full-time, part-time, contract, summer, volunteer and on-campus positions for current Humber students and recent graduates.

Space Inventory Project



Skyscrapers near Etobicoke

Over the summer, a group of **Bachelor of Community Development** (BCD) students, with the support of their Faculty Advisor Julet Allen, worked collaboratively with the **Central Etobicoke Community Hub Initiative** (CECHI) board. The purpose of the Space Inventory Project was to help agencies provide programming and resources to those in Central Etobicoke with unrepresented access to social services. The Space Inventory Project included 5 phases: mapping of demographics, mapping needs of partnering agencies, mapping community spaces,

synthesizing analysis of repositories, and facilitating agency collaboration. A final report was created which will serve for the future planning of the physical hub, potentially located in Etobicoke Civic Centre. Overall, the project was an excellent way for students to learn about social engagement and planning. If you would like to learn more about the project you can find multiple articles about it online, including “**Community Services Web Portal a Stopgate on Road to Central Etobicoke Hub**” on Toronto.com.

Global Learning and International Initiatives

**Transformational
Leadership and
Advocacy Global
Summer School
Course**

**Humber FSCS
Fall COILs**

KGU VIRTUAL EXCHANGE

Transformational Leadership & Advocacy Global Summer School course

This Summer 2021, Humber's **Global Summer School (GSS)** went virtual! Students got a chance to earn elective credit in only three weeks, while also getting to learn and work with peers from different programs, walks of life, and countries. Outside the classroom, students were also invited to fun activities such as Global Karaoke Night, City Scavenger Hunt, Music Night, Paint Night, and an Escape Room, just to name a few.

At this year's GSS, the most popular course for non-Humber students was **Transformational Leadership and Advocacy**, from FSCS's **Community Development program**. This course teaches students principles and practices of transformational leadership, including how to create plans for community action and development, implementation of communication strategies in promoting social change, and reflection and analysis tools for practitioner and advocates of social/economic justice.



KGU Virtual Exchange

As studying remotely became the norm in 2020, studying abroad also adapted to the new virtual reality – with institutions offering virtual exchanges to students at partner institutions to join their courses and still get the chance to get elective credit for a class that might not be offered in their home institution, with other students from all over the world.

In the 2020-2021 academic year, Humber students had the opportunity to do this at our partner institution, **Kansai Gaidai University (KGU)** in Japan. As countries and academic institutions around the world deal with different waves of the pandemic, this Fall semester, virtual study exchanges were still being offered, and ten FSCS students from across programs signed up to take an elective class as exchange students at KGU, in courses such as *Geisha*, *Gangsters and Samurai: Japan in Western Film*, *International Negotiation: Resolving Conflict and Closing the Deal*, *Monsters, Ghosts and the Making of Modern Japan*, and *Japanese Design: Aesthetics and Visual Culture*, amongst the list!

Humber FSCS Fall COILs

After the official launch of Humber Global's **Collaborative Online International Learning (COIL)** website in March 2021, the FSCS recently completed two COIL initiatives with two academic partners in Denmark - **UCL University College (UCL)**, and **University College Absalon** (Absalon). Embedded into the initiatives, is Humber Global's **Intercultural Development Workshop series**, which students involved in the initiatives attended, to help them to reflect on the intercultural dimensions of their experience in the program and learn how they can use the interprofessional and intercultural communications they developed, into their professional lives moving forward. Click **here** to learn more.

HUMBER - ABSALON



Programs: Bachelor of Behavioural Science (Humber); Bachelor of Nursing, and Occupational Therapy (Absalon)

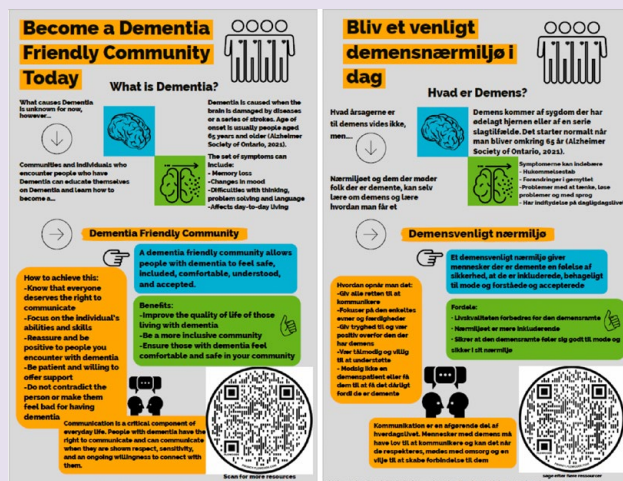


Project Team: Roma Mehta, Jo Anne Nugent, Stephanie Byer, Ayesha Amin (Humber)

Maria Bensen Joensen, Agnete Oline Sillesen, Helene Kelly (Absalon)



Project Deliverables: Embedded within the classroom for Humber students in **GERN 3000: Aging and Dementia**, and as an extra-curricular activity for Absalon students in the Nursing and Occupational Therapy programs, over the course of one month, students came together in groups composed of students from both institutions, worked on an assignment on the topic of dementia. Some of the topics that the groups researched were on Building a Dementia-Friendly Island, Creating Safe Layouts for Communities with Dementia, Raising Awareness Around Traveling with Dementia, and How Society Can Adapt to Become More Dementia-Friendly.



^ An infographic in English and Danish, on how communities can become dementia-friendly, developed as a final group assignment by students Claire O'Neill, Kymora Gyles-Mellish (Humber), Jackielou Larsen, and Sheira Fabon Ybañez (Absalon).

HUMBER - UCL



Programs: Bachelor of Community Development (Humber); Social Education, Teacher Education, and Social Work Bachelor programs (UCL)



Project Team: Linda Hill, Stephanie Byer, Ayesha Amin (Humber)

Samantha Zoe Ashton-Fog, Anne-Sofie Hedengran Vedel, Heather Dawn Johannsen (UCL)



Project Deliverables: Over the course of three weeks, Humber students enrolled in **CDEV 2000: Community Foundations**, met at weekly touchpoints over the course of a month, with participating students at UCL, to come up with a case study around topic examples, and develop an intervention strategy which was presented by video in groups composed of a mix of students from both institutions. These interventions considered Danish and Canadian approaches as a way for students to compare and contrast responses to the case studies in the different countries and identify gaps and best practices that can be shared along the way.



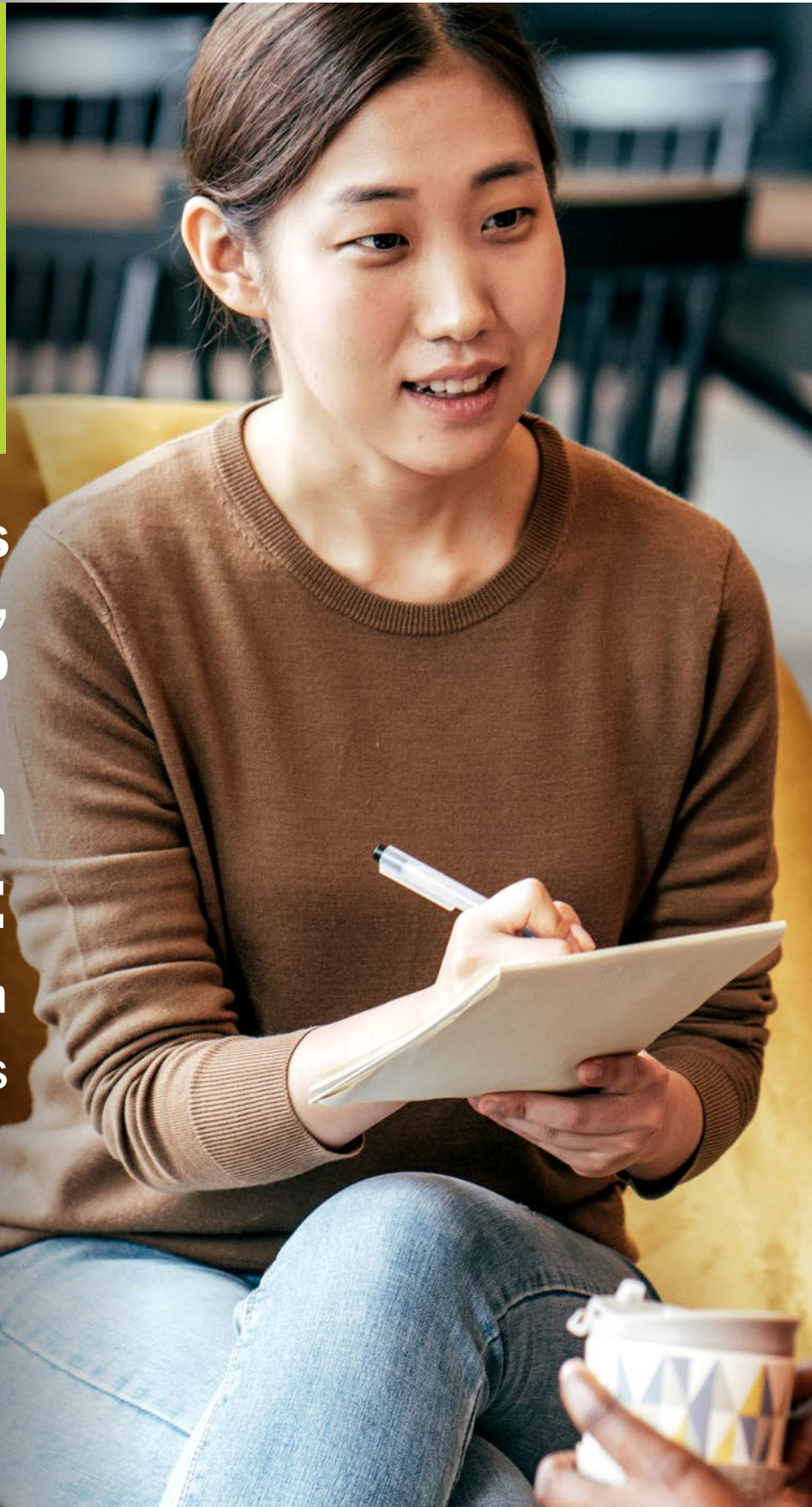
^ The COIL Fall 2021 project planning team from Humber and UCL (top left to bottom: Linda Hill, Heather Dawn Johannsen, Stephanie Byer, Anne-Sofie Hedengran Vedel, Ayesha Amin, Samantha Ashton-Fog)

Applied Research and Social Innovation

**Black Girls and Dolls
Navigating Race, Class,
and Gender in Toronto**

**Ongoing Research
in the FSCS:**

**CCSIF-Funded Research
Student Research Projects**



Black Girls and Dolls Navigating Race, Class, and Gender in Toronto



Janet Seow, faculty member in Humber's **Bachelor of Child and Youth Care** (B-CYC) program, and PhD Candidate in the Department of Humanities at York University, has recently had an article, **Black Girls and Dolls Navigating Race, Class and Gender in Toronto**, published in the journal **Girlhood Studies**.

The article explores the racial and cultural meanings of dolls in young people's everyday lives and how doll play is complicated by racist and classist representations of racial and gendered norms, and the implications in black girls' ability to navigate barriers that reinforce racial inequalities and social hierarchies in Toronto. This research presents doll play experiences of children and youth, and shows how playing, and conversely not playing with dolls, helps young people understand what it means to "be Black" in Toronto.

The article is accessible through **Humber's Academic library**.

ONGOING RESEARCH IN THE FSCS

Student research projects:

Community Consultation and Needs Assessment Capstone

(Fall 2021 – Winter 2022) /

COMMUNITY DEVELOPMENT CAPSTONE PROJECT

Building upon a Community Consultation and Needs Assessment conducted over the summer for the GARDENS, Bachelor of Community Development Capstone students will gain further insight and find ways to better engage with community members to co-create the projects as the GARDENS evolves its programming. This project will be overseen by Ayesha Amin, Global Learning and Strategic Initiatives Coordinator at FSCS, and Kavelle Maharaj, Event Coordinator and Community Liaison, at the Office of the Principal.

The COIL Learner Experience

(Fall 2021 – Winter 2022) /

COMMUNITY DEVELOPMENT CAPSTONE PROJECT

This Capstone Project will explore the learning experience and outcomes of Collaborative Online International Learning (COIL) Initiatives across the FSCS and wider College community. This project will be overseen by Stephanie Byer, Manager, International & Strategic Initiatives and Rebecca Trautwein, Manager, Global Learning and Engagement.

ONGOING RESEARCH IN THE FSCS (cont'd)

Engaging and Educating Young-Adult Cannabis 2.0 Consumers / DANIEL BEAR

This project seeks to engage and educate young-adult cannabis users (18 – 30) to impact long-term cannabis consumption practices, thereby having the best potential for improving public health and wellbeing outcomes. This study began in early 2020, and since then, the research team has completed the first phase of data collection and has moved forward to phase two of development and production.

Affordable Housing Needs in South Etobicoke / SALOMEH AHMADI

Research is underway on determining issues around the cost of living for low-income and working class citizens, and how can a Community of Practice be created to sustain advocacy efforts to support new models for affordable housing through social policy change. Some achievements to date include workshops on: Above Guideline Rents, Housing Rights and Community Benefits, the formation of an Advisory group, presentations to over 40 organizations at the South Etobicoke Community Coordination Plan cluster, a monthly community newsletter, and the launch of a **website**.

Community Agency Partnerships: Best Practices for the Creation of Healthy Communities / ANN CORBOLD

Youth who are at risk of entering the criminal justice system, especially those who become gang-involved, need the support of multiple community agencies. Although there is strong evidence to support implementing a network response, there is limited information on how best to do it.

This is a three-year project currently in phase two.

Experiences of hope, self-compassions and authentic collaboration: Foundations for a consumer-informed compassion-based human services (HS) delivery framework in a Canadian Context / SARA NICKERSON-WHITE AND TINA LACKNER

This study seeks to collect co-created lived experience narratives from HS Canadian consumers and providers about their lived experiences of hope, self-compassion and authentic collaboration in the course of HS service delivery.

ONGOING RESEARCH IN THE FSCS (cont'd)

(CTL Teaching Innovation Fund) Pedagogy and Practice: Teaching Diversity in the Classrooms / SOHEILA PASHANG, JASPREET BAL, CHRISTINE MCKENZIE, JOANNA AMIRALTA, NEIL PRICE, RAI REECE, AND JUAN JARAMILLO OROZCO

This research project aims to: Identify gaps and strengths of the existing pedagogical approaches used in teaching diversity related content; Understand how faculty use social justice, anti-oppression, anti-racist, and human rights lenses as part of their practice; Explore the experiences of faculty teaching diversity related content and the reaction of their students to course material and Explore the experiences of students and incorporate their voices into the curriculum. The data collection is complete and the team is working on completing the final report.

(SOTL) COIL: Exploring Pedagogy and Project Design / CHRISTINE MCKENZIE

Christine has completed the research interviews with faculty involved in facilitating the USIL/Humber COIL partnership in Fall 2019 (both at Humber and at USIL) and is working on disseminating findings.

Universal Design for Learning Project / PHILIP BURGE

Dr. Professor Burge is currently the principal investigator of a study on Universal Design for Learning entitled, "UDL Implementation Driven by Course Outline Review: A Pilot Project". He and co-investigators are examining the perceptions and experiences of Humber College teaching faculty, accessibility consultants and an expert in UDL (from Humber's Centre for Innovative Learning) during a recent re-design effort.

Advancement and Alumni

CANADIAN SECURITY
ANNOUNCES 2021
LIFETIME ACHIEVEMENT
AWARD WINNER

**Struggle Back
Scholarship for
PFP Program**

Alumni Stories



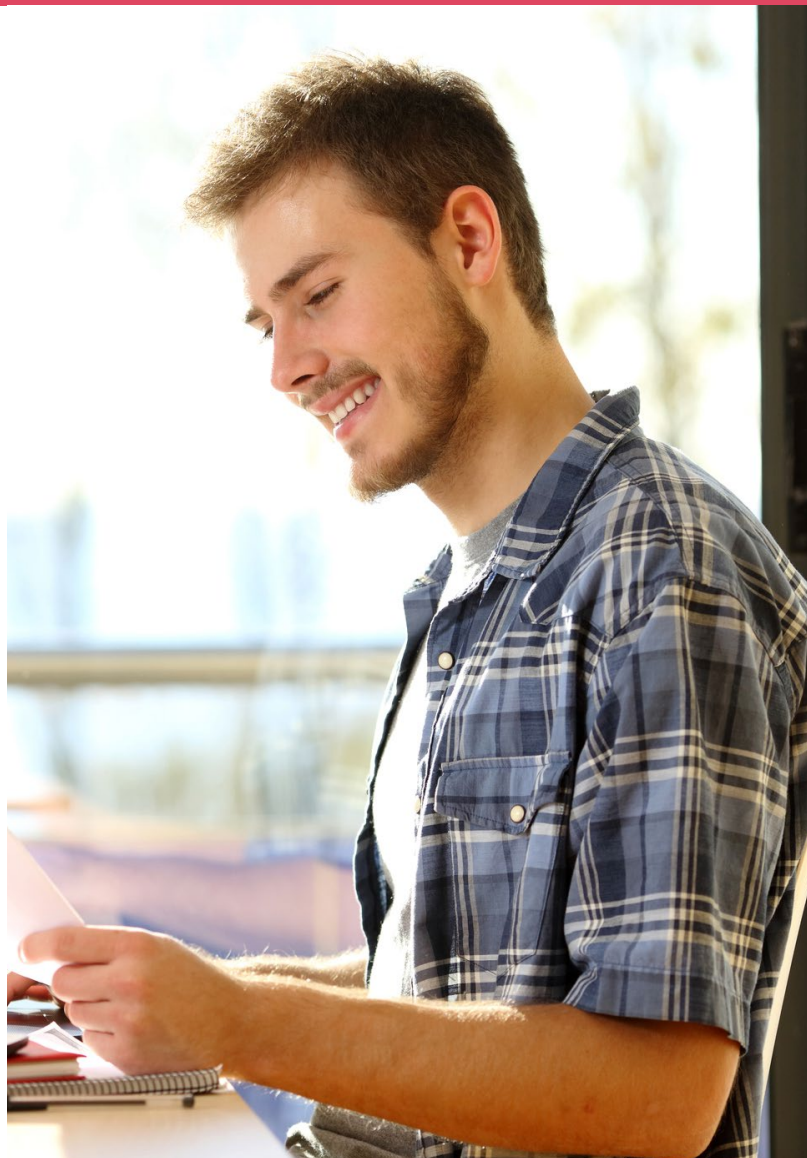
Canadian Security announces 2021 Lifetime Achievement Award winner

Congratulations to Rita Estwick, a Program Advisory Committee (PAC) member for FSCS's **Protection, Security and Investigations (PSI) program**, for receiving the 2021 Lifetime Achievement Award from Canadian Security.

Read more about Estwick's involvement in the security and investigative services sector in the Canadian Security Magazine [here](#).



Rita Estwick



Struggle Back Scholarship for PFP Program

The Faculty of Social and Community Services (FSCS) partners with Edmund Publications, providing access to a video ("The Struggle Back") to instructors who use the Emond Publications text Mental Health Awareness for First Responders. In exchange, Emond Montgomery has agreed to support Humber with a gift of \$2,000.00 to establish a scholarship for a student enrolled in either the Police Foundations program or Journalism degree program (\$1,000.00 provided in the years 2022 and 2023).

ALUMNI STORIES

VALENTINA POSADA-OROZCO

Valentina joined Humber's **Community and Justice Services (CJS)** program in 2014. After graduating, she went on to complete a Bachelor's degree in Criminal Justice.

Valentina says of her time in CJS, "it was incredible. It provided me with the foundation to get into the workforce. I was able to get a clear understanding of the criminal justice system, how and why crime occurs, and how to respond to crime from different lenses. I had extremely knowledgeable professors that challenged me to think critically. Most importantly, it involved a great deal of hands-on experience which allowed me to practice and test my knowledge."

Since completing her schooling, Valentina has been working at the **John Howard Society of Toronto**, a non-profit organization dedicated to reducing the social, economic and personal costs of crime, as a Record Suspension Coordinator.



ANTHONY NGUYEN

Anthony is a proud graduate of the **Bachelor of Child and Youth Care (B-CYC)** program, which he joined in 2013. During all four years as a student at Humber, Anthony worked in student staff roles at the college, which led him to become interested in working in post-secondary education. After completing his Bachelor's degree in July 2017, he started working in Residence Life at **Indiana University of Pennsylvania (IUP)** while also studying there in the Master of Arts program in Student Affairs in Higher Education. During his time at IUP, Anthony gained experience in International Education and Student Activities. Before graduating in 2019, Anthony landed a role at Humber with **Peer Assisted Learning Support (PALS)**, to coordinate Note Taking Services and the Learning Skills Workshop Series at Lakeshore Campus. Later that year, Anthony became the Peer Tutoring Coordinator, then in October 2021, he moved into the Learning Services Coordinator role. Anthony is excited to continue growing in his career at PALS and the **Math & Writing Centre**.

Anthony uses counselling and CYC related skills which he acquired during his time studying at Humber, in his work daily. He always reflects upon his college experience and thinks about how the CYC program allowed him to become more in touch with himself as a queer Vietnamese Canadian. Always on the go, in his free time, Anthony can be found playing tourist in Toronto, eating Dim Sum in Waterloo, or at a drag show in Pittsburgh. He also recently got married to his partner Dylan, and is excited to embark on this next chapter of life.



Principal's Office

The GARDENS Highlights A MENTALLY HEALTHY HUMBER COLLEGE

Interpretive
Centre Updates



The GARDENS Highlights

Growing Season may be Over but the GARDENS Project Continues Growing

Looking back at the 2021 growing season, there is a lot to be grateful for. The Principal's Office at Humber Lakeshore, in partnership with the GARDENS Advisory Council and LAMP Community Health Centre (CHC), successfully continued the Pod Project to provide people in need with harvest, support local Etobicoke food banks like the Daily Bread Food Bank and LAMP's Good Food Market, and continue educational programming virtually around food security, food justice, cooking and gardening.

This year the project produced 285 pounds of harvest, and involved nine community partners that provided space for the plants to be cared for and harvested. In addition to Pod sites from previous years - Birds and Beans Café, Lakeshore Environmental Gardening Society (LEGS) - Daily Bread Community Garden, LAMP CHC, LAMP Early Childhood Centre, Father John Redmond Catholic High School, Humber Lakeshore: Fashion Institute, James S. Bell Middle School, Toronto Public Library: Long Branch - we welcomed a new partnership with CF Sherway.

There were also 200 participants at 10 educational workshops held over summer. Workshop topics included Strawberry Jam Making, Scrap Cuisine, Plants, Connection and Gratitude, to name a few.

The GARDENS project also boasted experiential learning student opportunities and education around food security in South Etobicoke. This year, the project hosted 6 positions:

- **2 paid Work-Integrated Learning (WIL) Project Coordinators**
(supported by Humber and Canada Summer Jobs)
- **2 paid Work-Integrated Learning Operations Coordinators**
(supported by Humber's Principal's Office)
- **1 Work-Integrated Learning placement with stipend for a Virtual Learning Library Content Creator**
(Partnership with Humber Faculty of Media and Creative Arts)
- **1 paid Education Coordinator**
(supported by LAMP CHC and Canada Summer Jobs)
- **2 continued faculty partnerships with the Humber Faculty of Business – International Development and Community Development Programs, and Humber Faculty of Media and Creative Arts – Film and Media Program**



Project Coordinator - Asna Saeed (left) and Event Coordinator and Community Liaison, Kavelle Maharaj (right) planting.

GARDENS documentary shortlisted at first World Food Forum Film Festival

The GARDENS documentary filmed last year by three **FMCA** students, Simran Nijjar, Matthew Cole and Nick Burton, was named a finalist at the **World Food Forum Film Festival!** The festival celebrated young filmmakers who tell the world stories that will inspire behavioural change and play an essential role in transforming agri-food systems. 289 films were submitted to the film festival with only 30 finalists selected. Congratulations to the amazing film crew! You can check out the full documentary [here](#).

Creation of the GARDENS Virtual Learning Library

Three Work Study students, Maggie Pyke, Gabi Hentschke and Cydney Penner, worked alongside Kavelle Maharaj, Event Coordinator and Community Liaison at Humber's Lakeshore Campus and Principal's Office, to produce short educational videos on YouTube about gardening, pollinators, food systems, container gardening, mental health, urban agriculture and more. These videos featured interviews with industry professionals, and gave the students an opportunity to explore video ideas, write scripts, record content, film, interview and edit – a full end-to-end production.

You can **check out the current videos on YouTube**.



I learned more about how to be a team player in a community project, gardening vegetables, and gained more experience in virtual marketing. I also had the opportunity to hear directly from professionals on food issues when interviewing them for the project's virtual Learning Library.

- Ana Gabriela Buttelli Hentschke, 2021 GARDENS Operations Coordinator, Bachelor's student, **International Development**


Working so closely with the team was one of the defining aspects of my time. They were so welcoming and committed to creating the best content possible, which was infectious and encouraged me to think bigger to match their enthusiasm. This experience really encapsulated the standard of work that can be done with a strong, committed team.

- Cydney Penner, 2021 GARDENS Video Content Creator – Virtual Learning Library, Alumni, Postgraduate Certificate program **Film and Multimedia Platform Storytelling**


Community Consultation

The GARDENS set out to learn how the community it works to serve experience its services, to ensure it responds to the needs of residents. During the summer, Humber College, as a GARDENS partner, hired two Work Study students, Asna Saeed and Stephanie Gonyea, to undertake this baseline study, under the supervision of Humber staff Ayesha Amin, Global Learning and Strategic Initiatives Coordinator in the Faculty of Social and Community Services, and Kavelle Maharaj, Event Coordinator and Community Liaison at the Lakeshore Campus and Principal's Office.

Residents of South Etobicoke were given an opportunity to share their experience and views through an anonymous survey and confidential one-on-one interviews. The results of the study have been shared with the GARDENS Advisory Council to consider as the program evolves to better serve the community. See the summary report [here](#):



GARDENS LAKESHORE SUMMER '21 COMMUNITY CONSULTATION SUMMARY



GARDENS LAKESHORE

The Green Artisan Retailers & Designers Environmental Networking Space (GARDENS)'s mission is to engage the citizens of South Etobicoke in community building and resolving issues regarding food security, unemployment, and poverty by creating Urban Farm Pods and community hub to provide food, housing, education, and employment in the field of urban agriculture. In 2015, the GARDENS partnered with Humber College to design functional creative spaces that emphasized social, economic, and environmental considerations to engage the citizens of South Etobicoke in community building and resolving issues regarding food security, unemployment, and poverty. In 2016 the Pod Project was developed, which works with partners across the community to grow produce in raised planter beds, which is then donated to the Daily Bread Food Bank, LAMP CHC Good Food Market, or to people within the South Etobicoke community that need it. The project also offers free educational workshops that address food security, gardening, and nutrition.

COMMUNITY CONSULTATION

To better understand the needs of the South Etobicoke community, as they relate to food security and community gardens, GARDENS partner Humber College, hired two Work Study students in the Summer of 2021 to do a Community Consultation. The aim of this was to get feedback on the existing GARDENS projects, and to hear what needs remain to be addressed, and include residents in the evolution of the project, to co-create initiatives offered by GARDENS as it evolves. Due to limitations, including timing, funding, capacity and COVID-19 restrictions, this consultation serves as a baseline study to form an initial picture of the community's knowledge and views on the GARDENS, as well as food security and community gardens in the area generally. This data that was captured can be further built upon in future needs assessments to gain a more in-depth understanding of community needs.

METHODS

Due to limitations, the community consultation was conducted through an online survey and one-on-one interviews. The data was collected in July and August. There were 1,064 survey responses, however it became apparent that there were multiple false responses. After in-depth analysis, it was concluded that approximately 266 of those responses were valid, individual responses with usable data. Of these, 15 respondents also participated in one-on-one interviews to share more information and ideas. of the story.



Contact us!

Looking to the future, the GARDENS team is exploring more partnerships and funding opportunities to continue to grow the project. Currently, we have secured funding from CF Sherway to continue to build the project operations and employ youth seasonally, and are in communications with the Toronto District School Board about expanding educational elements to high school students.

If you would like to get involved by supporting this, or lending your expertise in community development, please reach out at info@gardenslakeshore.ca or visit our website gardenslakeshore.ca

A Mentally Healthy Humber College

Content Warning

The content you are about to read involves mental health challenges and suicidal thoughts.

Humber Wellness Talks hosted mental health advocate, Mark Henick virtually in September. Mark shared his experience with the audience about growing up, being discouraged about sharing his emotions, depicting harmful images, depression, and suicidal thoughts.

At 10, Henick's teacher discovered his drawings depicting various ways he could harm himself and referred him to a guidance counsellor.

"I told them what I'd been feeling. It all felt very normal to me," said Henick of his depression and suicidal thoughts, at the event. Facing a lack of resources, Henick was sent to the hospital, this time, and many times after. He felt utterly hopeless and helpless.

A few years later, Henick climbed over the railing of a bridge in his small town, prepared to jump.

"We've set the bar so high that in order to break through or surpass that bar, to get noticed and to get help, people have to reach the most extreme form of their illness."

Henick felt beyond help, past the point of reaching out.

Fortunately, a helping hand reached in.

A stranger called out to him, stood beside him and asked his name. He asked more questions, leaving long spaces of silence for Henick to fill up, or not. The stranger ultimately saved Mark's life that night on the bridge. The encounter helped the young Henick see the world a little differently, open up, tell his story and become a mental health advocate.

Henick urged others to push the first domino by sharing their own stories to create a safe, caring space for the college community. He described the systemic changes needed to not only decrease stigma, but get people the help they need promptly, including campus-wide health strategies.



"Mental health awareness can't just be this informal thing...we need to formalize it; ensure we have training in place for people who need it. It's not enough to say, 'Reach out for help' if there's no one there to reach back."

"If there's someone who's struggling, it's on us to help them," said Henick. *"We need community solutions to help people."* Institutions must also act - beyond training and campaigns. *"Sometimes,"* Henick added, *"the problems people are facing, the barriers keeping them in that place, we may be a part of that."*

No matter how much postsecondary institutions push the needle, mental illness and struggle will continue to exist, so Henick also has some advice for students whose capacity may have decreased or who need to slow down a little. Deadlines aren't going anywhere, but priorities can change. *"If you fail, is that the worst [thing] that can happen?"* he asked before reflecting on his own winding road to recovery. *"Failure can serve a purpose. It doesn't have to crush you. People need to know they can recover, and that whatever they're going through won't last forever."*

You can read more about Mark in his memoir, **So-Called Normal**.

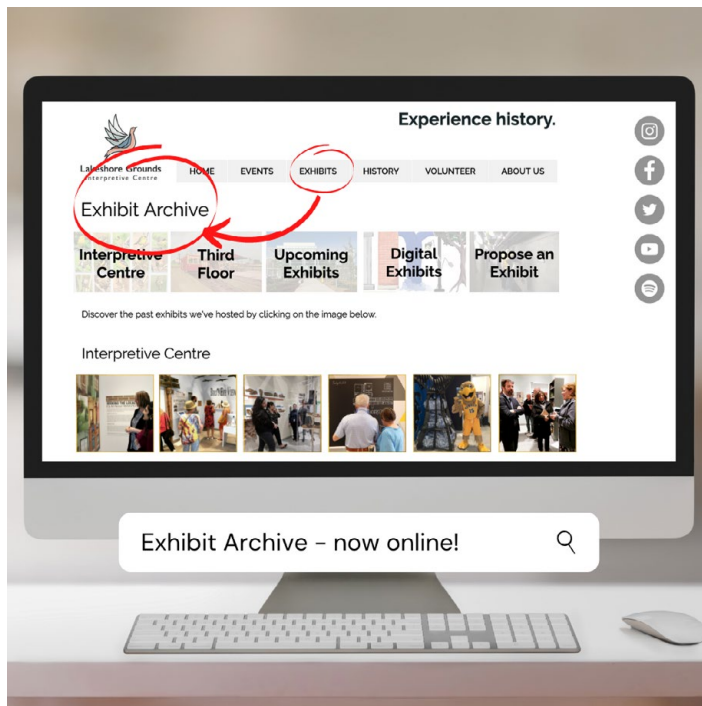
If you are a Humber student and need **support**, you can access **Therapy Assistance Online (TAO)**, which provides online and mobile tools or call the Good2Talk Helpline at 1-666-925-5454. In case of emergency, call 9-1-1.

For more information, visit **Humber's Student Life website**.

Interpretive Centre Updates

In the lead-up to the Interpretive Centre's 5th anniversary in January 2022, the team has been reflecting on how far we've come! With over 20 exhibitions, a growing collection, 4 guided tours, and countless friends and connections, we're sharing some of the highlights and gathering stories to commemorate this milestone!

Revisit our past and present exhibitions, projects, and research work, online at LakeshoreGrounds.ca! We've recently digitized all of the past exhibitions held in both the Interpretive Centre and the Third Floor Gallery, all of which can now be found on **our website**.



Coinciding with our anniversary is the Winter 2022 edition of the **Interpretive Centre's zine, Shore Stories**, and we plan to make it a special edition that acts as a companion piece to the anniversary exhibition, with submissions from both past and present friends of the Interpretive Centre.



Behind the scenes, as we prepare to return to on-campus tours, exhibitions, and events, our focus will be on preserving the history of Humber Lakeshore's A Building – formerly the Lakeshore Teachers' College – with new research and an oral history project coming in 2022! Hosting Humber's arts and music programs to name a few, the halls of A Building have played a key part in innovative education in Ontario since the late 1950s!



Humber Wellness Talks – Open to the public

November 25 | 12 – 1pm

Topic and Speaker TBD (Currently working with CCBI and Humber Galleries for this selection)

The Humber Wellness Talk Series is a monthly, virtual, live event, during which external speakers address topics around health and wellness that are relevant to students and staff in the postsecondary sector. Keynote speakers bring a wealth of experience and education to the event and leave attendees with actionable items to enhance the challenges at hand.

The events are open to the public in addition to Humber employees, students, community partners, etc. **Register here.**

Mindfulness Mondays – Open to all employees, students & the community

October 4 – Yoga Nidra Meditation | 12 – 1pm

October 18 – Loving Kindness Meditation | 12 – 1pm

October 25 – Mindfulness Body Scan | 12 – 1pm

November 1 – Mindful Senses | 12 – 1pm

November 8 – Yoga Break for the Desk Worker | 12 – 1pm

November 15 – Yoga Flow | 12 – 1pm

November 22 – Sound Bath Meditation 1 | 12 – 1pm

November 29 – Sound Bath Meditation 1 | 12 – 1pm

The Mindfulness Monday's series is back in an effort to continue to promote health and wellness activities. This concept is an 8-week virtual, one hour workshop series starting October 4, 2021 (excluding Thanksgiving Day).

These sessions include Mindfulness, Yoga, Meditation and Sound Bath Meditation activities. This series is open to all employees, students, and the community. Attendees will leave the workshops rejuvenated and refreshed, mentally ready for their workday and week ahead! **Register here.**



HUMBER MINDFUL MONDAYS

NOVEMBER DATES

All sessions are at 12 pm - 1 pm

- 1** MINDFULNESS SENSES
- 8** YOGA BREAK FOR THE DESK WORKER
- 15** YOGA FLOW
- 22** SOUND BATH MEDITATION 1
- 29** SOUND BATH MEDITATION 2

SIGN UP HERE:
bit.ly/3BdF0k6

Wellness Wednesdays – For Humber staff

October 27 | 12 – 1pm

Importance of Sleep Habits

November 24 | 12 – 1pm

Nutrition and Diet (Meal) - How to eat to enhance your mental health

December 15 | 12 – 1pm

Letting go - Creative You (Virtual Paint Session)

The Wellness Wednesday Series is aimed at promoting virtual safe spaces for Humber staff (open to all campuses) to focus on themes around mental health, mindfulness, healthy living, diet and creativity through engaging, interactive activities. These events occur once a month in partnership with the Principal's Office at Lakeshore Campus and Humber Human Resources and Organizational Effectiveness Team.

During the pandemic, this series offered staff an opportunity to connect virtually like they would in-person on a lunch hour and interact with others and learn something new.

Attendee's leave having learned a new skill, making linkages to how various activities can promote better health, and feel equipped to make more informed decisions about healthy lifestyles or work-life balance. **Register here.**

WELLNESS WEDNESDAYS STAFF SERIES

NOVEMBER 24, 2021

TIME: 12pm - 1pm

Nutrition and Diet via Microsoft Teams

A healthy diet is essential for good health and nutrition. The food we eat affects our body and health which is necessary for our physical and mental growth. In this session, learn about planning a weekly diet.

STAY TUNED FOR DETAILS



DECEMBER 15, 2021

TIME: 12pm - 1pm

Virtual Paint via Microsoft Teams

Creating through painting, can stimulate the creative mind while relieving mental strain. A low stress level can lead to a happier and healthier lifestyle. This session will help you tap into your creative side.

**Materials will be needed prior to workshop.

STAY TUNED FOR DETAILS



SPOTS LIMITED

A partnership between the Office of the Principal, Lakeshore Campus and the Human Resources and Organizational Effectiveness team



Humber's Wellness Series is aimed at promoting virtual safe spaces for students and staff, to focus on various aspects of wellness, health and mindfulness.

Please visit the **Humber Lakeshore Campus Website** for more events!

Save the Dates on the Principal's Office Virtual Events Line-Up!

NOVEMBER

8

Yoga Break for the Desk Worker
12 – 1pm
Mindfulness Monday

NOVEMBER

15

Yoga Flow
12 – 1pm
Mindfulness Monday

NOVEMBER

22

Sound Bath Meditation 1
12 – 1pm
Mindfulness Monday

NOVEMBER

24

Nutrition and Diet (Meal) - How to eat to enhance your mental health
12 – 1pm
Wellness Wednesday

NOVEMBER

25

Topic and Speaker TBD
12 – 1pm
Humber Wellness Talk

NOVEMBER

29

Sound Bath Meditation 1
12 – 1pm
Mindfulness Monday

DECEMBER

15

Letting go - Creative You (Virtual Paint Session)
12 – 1pm
Wellness Wednesday