Faculty of Social & Community Services

SOC&COM

Meet the WIL Team

A group of energetic and creative individuals who are passionate about supporting post-secondary students.

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CCSIF HIGHLIGHTS SPOTLIGHT ON COMMUNITY **PARTNERS AND** ANTI-RACISM INITIATIVES and more! **FSCS LAUNCHES AN INTERNATIONAL PEER MENTORSHIP PROGRAM FSCS SELECTED AS FINALIST FOR** PIEONEER AWARD **UPCOMING** PRINCIPAL'S **OFFICE EVENTS**

Letter from the Senior Dean and Principal, Lakeshore Campus

Welcome to the inaugural edition of Soc & Com, a new publication highlighting the work of the Faculty of Social and Community Services and the Principal's Office here at Humber College. This publication shines a light on our amazing faculty and staff, and the ways in which we work with students and community to change lives. As the Senior Dean and Principal of the Lakeshore campus, I continue to be amazed by all of the activity happening across our Faculty, and this magazine shows you just some of this work.

In this edition, we celebrate our award winners such as Tonia Richards, Michael Gamble, and Kavelle Maharaj. You will also read about how our students and alumni continue to go above and beyond, while highlighting Work-Integrated Learning, and the recognition our work in International Education continues to receive. We also take a moment to recognize the four unique College and Community Social Innovation Fund grants that our faculty received this year, totaling almost \$1.3 million dollars. Congratulations to Sarah Nickerson-White, Tina Lackner, Ann Corbold, Salomeh Ahmadi and Daniel Bear. These projects will allow students to experience first-hand applied research that will impact the communities where we live. And finally, we spend time highlighting the amazing community work linked to the Principal's Office.

The difficulty of putting out a publication like this one is that you inevitably leave out great work by great people. I hope that our faculty and staff reach out to share things that should be noted and celebrated in future editions. Until then, I hope you enjoy learning more about the work we do and the ways that we continue to make a difference.

Sincerely,
Derek Stockley
Senior Dean, Faculty of Social and Community Services
Principal, Lakeshore Campus
Humber College







Tonia Richards is an exceptionally dedicated worker and professor.

Tonia Richards Receives President's Award for Excellence in Teaching

Congratulations to Professor Tonia Richards for receiving the President's Award for Excellence in Teaching.

Tonia first joined Humber as a part-time faculty member and then became a full-time faculty member in 2015. Throughout this time at Humber, she has exemplified a commitment to inclusive and equitable teaching both inside and outside the classroom. Tonia teaches courses

in interpersonal skills, conflict management, placement seminar and interviewing skills.

Knowing that degree of vulnerability that surfaces in their courses, and in order to connect with students where they are emotionally and cognitively entering these conversations, Tonia employs cognitive behavioural therapeutic strategies that are deeply rooted in empathic and

non-judgmental approaches, in conjunction with a deep understanding of socio-political issues to encourage her students to ground their interactions with others in the lived realities of the people with whom they will eventually work with.

To read more about Tonia's achievements, please visit the HROE Recognition and Awards Website **here**.



Michael is a strong educator who creatively teaches contemporary policing issues and crime scene investigation.

Michael Gamble Receives President's Award for Distinguished Faculty

Congratulations to Michael Gamble who received a President's Award for Distinguished Faculty. Michael was nominated for creating a program that includes strong theory-based learning that is applied through labs and simulations.

Michael Gamble teaches in the Forensic Identification, Police Foundations and Criminal Justice programs. He was the program coordinator of the Crime Scene Investigation (CSI) program for several years and was instrumental in developing the curriculum and growing the program into the new Forensic Identification Ontario Graduate Certificate. Michael coaches and guides in a non-assuming way and quietly pushes people forward. He is caring and giving of his time and expertise.

Michael's vision and leadership created a program that includes strong theory-based learning that is applied through labs and simulations. He makes curriculum 'come alive' by giving students a real feel for forensic identification work using Humber's crime scene studio and labs.

To read more about Michael's achievements, please visit the HROE Recognition and Awards Website **here**.



Victoria Bent, Dana Kinsley and Jean Luc Blanchard are three Community Development Degree students applying theory to practice in their own lives. The students discussed worries about feeling isolated at home and were finding it hard to focus and be motivated on class work. They decided to reach out to a few of their classmates that live downtown to see if they would be interested in working in small groups (safely within COVID guidelines) for their Zoom lectures. They thought it would be a good idea to get a change of scenery and host small group learning pods at their houses each week. After only a few weeks, they have noticed how

much of a difference it makes having a support group to get through these interesting times.

Dana notes, "Being together in our group really opens up the floor for more critical discussion among the three of us after our lectures. We are definitely Community Development students that thrive on collaborative group relationships! I hope anyone interested in working in a small study groups reaches out on Blackboard, WhatsApp or any of the other platforms for Humber students to find others interested as well. We're all in this together!"

Forensic Identification Students Honour Orange Shirt Day

On September 30th, students, faculty and staff across Humber honoured Orange Shirt Day. This is a day dedicated to honouring the Indigenous children who were sent away to Residential Schools in Canada and encourages us to learn more about the history of those schools. Wearing an orange shirt and using the slogan, Every Child Matters, is an affirmation of our commitment to raise awareness of the residential school experience and to honour the healing journey of Indigenous lives impacted by them.

Professor and Program Coordinator of the Forensic Identification Graduate Certificate program, Debbie Harris, led a class discussion on the significance of Orange Shirt Day, with students.

Forensic Identification student, Jade Danville, shares why this day is important and why honouring this day has personal significance to her:

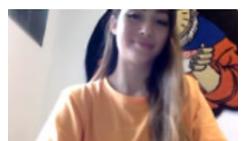
"Orange Shirt Day is a day to honour the survivors of residential schools by spreading awareness about the terrible things that they went through. It is also a day to show our support for the kids of today and let them know that they matter. The orange shirt represents healing and reconciliation, but it also represents a willingness to stand up for what is right and that is what I will always do.

Orange Shirt Day hits a little close to home for me because my grandma on my dad's side as well as her numerous siblings had to go through the torture of being in a residential school. They never went into great detail about what happened to them, but I could tell it impacted them greatly based on the little information that was shared."

To learn more about Orange Shirt Day, visit the Humber's IEE Website **here**. To read the Truth and Reconciliation Commission of Canada, click **here**.















Protection, Security and Investigations Professor and Students Highlighted in Maclean's Magazine

In early March, professor Francis Syms of the Protection, Security and Investigations program invited his students to join an international coalition of over 2,000 cybersecurity professionals in response to COVID-related cybersecurity issues. Approximately 15 students took part in this valuable opportunity to work alongside professionals in their field to dismantle cybersecurity threats that have emerged during the pandemic.

The students and their experience with the coalition were recently featured in Maclean's College Guide, highlighting the significant work that they were involved in and the meaningful experience and networking gained through working alongside experts in the field.





C-Space: For Students, By Students

C Space is a student community space led by and dedicated to students in the Bachelor of Community Development program. The intention behind the space is to connect with each other, learn from each other and celebrate each other.

When the idea was originally initiated, students planned events for peers to connect and build a sense of community. However, with the shift to virtual programming due to COVID-19 restrictions, the team is now developing online opportunities to continue to create a sense of connection across the virtual campus community. They have launched a monthly newsletter to keep students in the program updated about current events and to give students the opportunity to read and learn more about their peers. This newsletter will also provide access to important information that will help students on their road to success.

Stay tuned for the launch of the first C Space newsletter!







Welcome to the WIL Centre

Fall is a busy time for the Work-Integrated Learning (WIL) Centre. As we welcomed students back to our virtual campus, it was essential to ensure students were registered in the appropriate Work-Integrated Learning courses and connected to a Faculty Advisor/Seminar Instructor. The focus has now shifted to preparing for the Winter semester by connecting with students through virtual class visits, one-on-one virtual appointments and conducting outreach to community partners for the Winter and Summer terms.

Here's what our students are doing right now:

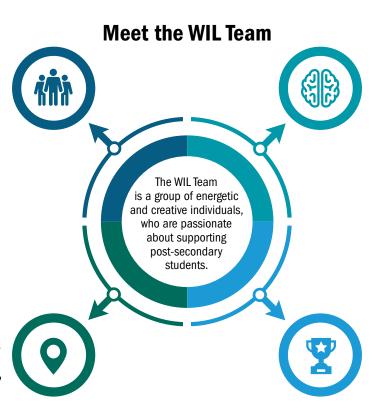
With guidance from their Faculty Advisor/Seminar Instructor, students are participating in WIL courses in one of 3 ways: working with an agency in-person or remotely, working on an applied project through the Project Library, or doing a combination of project and field work.

Students preparing for placement in the Winter term have begun reviewing deadlines and completing essential documenta tion needed for their health and safety with the direction of their Field Placement Coordinator.

Community partners continue to express interest in hosting students for the Winter term. With newly crafted resumes, students are beginning to review the various opportunities the WIL Team has facilitated to work in-person or remotely in the field. With the guidance of their Field Placement Coordinator, students will be sending professional emails to community partners to arrange virtual interviews. and completing essential documentation needed for their health and safety with the direction of their Field Placement Coordinator.

The WIL team has continued to grow and is now currently made up of 11 support staff.

You can usually find us in the Work-Integrated Learning Centre in E108, but this semester we are working virtually to safely support agencies, faculty, and students.



Half of the team is actively pursuing or are already graduated from a Master's program.

The longest team member has worked with Humber College for 29 years. That's a lot of experience!



Spotlight on Community Partners and Anti-Racism Initiatives

The WIL Team continues to prioritize building partnerships with organizations that share the FSCS values of Inclusion, Compassion, Integrity, Self-Awareness, and Respect. We have made a dedicated effort to reaffirm our commitment to working with those actively engaged in leading and supporting practices which address anti-black racism and all forms of systemic oppression. We are proud to highlight three of our community partners who deserve special mention for their work in the field:

VOICES Canada

VOICES (Voices Of Inspired Children Engaging Society) Canada is focused on addressing determinants of health in urban communities challenged by poverty. This summer, they launched an anti-Black racism project, the Green Book Worthy Initiative. This initiative sets out to engage BIPOC participation in crafting a set of guidelines and recommendations to be used by organizations. The Green Book Worthy Initiative is intended to help organizations promote safe spaces that encourage meaningful participation of BIPOC members in these environments.

Urban Alliance

Urban Alliance on Race Relations provides training and research to address racism in society. This summer, they collaborated with other community-based organizations to release a joint statement: "Embracing Hope - Building Communities". This statement emphasizes the importance of taking a community-based approach to ending violence. By signing this joint statement, the community demonstrates a commitment to building an inclusive and caring society. Urban Alliance is currently engaged in 10 projects related to racial justice and racial equity.

The **519**

The 519 offers supports, resources, space and workshops for those in the LGBTQ2S+ community. The Trans People of Colour Project (TPOC) is a specific initiative that aims to support racialized trans people in Toronto by providing access to training, skills development and employment opportunities for TPOC to take up community leadership, provide access to affirming sexual health promotion information and services.

*If you would like to suggest organizations or projects with community partners, please connect with your Field Placement Coordinator.

For more information on the FSCS WIL Centre, please contact Manager, Placements and Partnerships - Corina Ivory >



Global Learning and International Initiatives

FSCS SELECTED AS FINALIST FOR PIEONEER AWARD

INTERNATIONAL PEER MENTORSHIP PROGRAM LAUNCH





FSCS Selected as Finalist for PIEoneer Award

The Faculty of Social and Community Services is excited and honoured to be selected as a PlEoneer Award Finalist in the Real Life Learning category for its Faculty-Led Programming. During the awards ceremony, which took place on October 2, 2020, the FSCS received a "Highly Commended" mention for the innovative work being done in this category in the field of International Education.

The Real-Life Learning category showcases organizations that offer real life learning programs or products overseas. The selection committee considers many aspects including: how the placement of students is managed to ensure a good fit on both sides, what steps are taken to ensure students are well-supported throughout their program and once it finishes, and what positive impact the program or product have on the local community or organization where the student is placed. As increasing number of students are seeking learning experiences that take place beyond

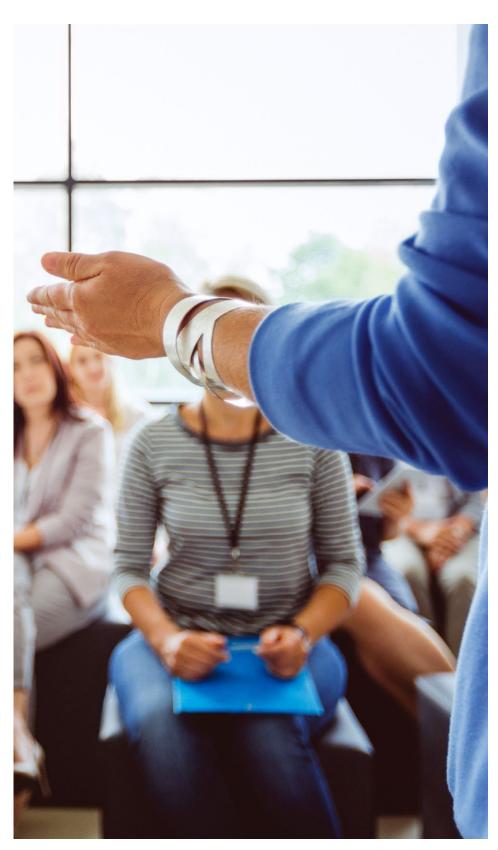
a classroom, this category celebrates the innovative work being done in this sector of the industry.

Faculty-Led Programs (FLP) create opportunities for authentic learning through short-term work placements abroad. The programming throughout the pre-departure, while abroad and post-trip phases encourages students to reflect on their learning to develop intercultural fluency and identify how the global experience will help prepare them as a practitioner in their field. These programs are unique as they are jointly created with global academic partners and led by Humber faculty members. Through FLPs, faculty and students engage with academic partners and expand their global network with international peers and community organizations while earning Work-Integrated Learning (WIL) credits abroad.

FSCS-USIL COIL Project Featured in Community Colleges for International Development Magazine

In February 2020, Senior Dean Derek Stockley, Stephanie Byer and Rebecca Fitzgerald presented at the Community Colleges for International Development (CCID) conference held annually in the United States. The presentation focused on implementing virtual mobility strategies for global engagement including COIL (Collaborative Online International Learning). In response to the rapid shift to virtual mobility models, the May 2020 edition of CCID's Horizon's Magazine featured a spotlight on the Virtual Pivot in International Education including an article on the Faculty of Social and Community Services' recent COIL project. The Humber-USIL project was co-developed by FSCS faculty members Linda Hill and Christine McKenzie with USIL colleagues and implemented in the Fall 2019 semester. The article focuses on the importance of virtual mobility opportunities to promote global engagement for both students and faculty.

To read the full article featured in Horizon's Magazine, **click here**.



FSCS Students Participate in Virtual Exchange with Global Academic Partners

This Fall, approximately 15 Faculty of Social and Community Services students participated in short-term virtual exchanges with Humber's academic partners at Parul University (India) and Hasanuddin University (Indonesia).

Through these two programs, over 40 Humber students developed their intercultural skills through classes in history, literature, and religion and the arts, while also developing a stronger understanding of cultural diversity. The registration fees were covered by Humber's Student Travel Bursary and students received a Certificate of Completion from the partner institution upon successful completion of the program.

Rebecca Fitzgerald, Associate Director, International Mobility and Strategic Partnerships, highlights that "Since the start of the pandemic, Humber has led the way in creating virtual opportunities for all students to participate in meaningful global experiential learning. Through international academic partnerships, we are able to connect students with diverse perspectives to build strong communities and essential skills in areas such as systems thinking, digital fluency, communication and collaboration."



For more information on FSCS International Initiatives, please contact Manager, International and Strategic Initiatives, Stephanie Byer – stephanie.byer@humber.ca

DUVE Project Launches New Website

FSCS faculty member and Program Coordinator of the Bachelor of Child and Youth Care program, Dr. Jaspreet Bal, continues her work as a part of the Denmark Uganda Vietnam Exchange (DUVE) with University College Absalon and partners in Uganda and Vietnam. The program was supposed to wrap up in spring in 2020 with an in-person seminar. While this seminar is delayed, the team continues the build their online resources, with the reveal of the new DUVE website this month.

In addition to the launch of the new website, two students from the Faculty of Media and Creative Arts had the opportunity to travel to Uganda to film a short documentary about the impact of violence on children within Uganda. This film was made as part of their post-grad journalism program at Humber. The documentary features interviews with partners in Uganda and as well with involved individuals at UC Absalon. The film was recently selected for the Los Angeles Lift-Off Film Festival in the "New Voices and Shorts 1" category.

FSCS Launches an

International Peer Mentorship Program

In September, the Faculty of Social and Community Services launched its inaugural International Peer Mentorship Program, welcoming over 35 students into the first cohort. This program was designed to support International Student Success while developing Leadership Skills and promoting Global Fluency. Through participation in the program, International Students are connected to mentors in the same (or similar) program within the Faculty. Participants will explore the services that Humber has to offer and have opportunities to build meaningful connections with their peers while working collaboratively on reflective assignments and presentations. The FSCS International Peer Mentorship Program developer and facilitator, Stephanie Byer notes that "With the rapid transition to online learning, it has become increasingly important to build a sense of connection and understanding among our virtual campus and communities. Where in-person engagement strategies would have typically been used to facilitate this connection at Humber, these efforts needed to adapt into a virtual space at the Faculty level. In addition to an increased sense of social isolation, the pandemic has also exposed societal inequities in local and global systems. The Mentorship program embeds activities and training that encourages students to explore these inequities through Humber's equity-facing student services and departments and to reflect on their personal implicit bias and intercultural conflict management, culminating in a professional development workshop."

The Intercultural Awareness Development Series, developed and facilitated by Manager, Global Learning and Engagement, Rebecca Trautwein, will be delivered through two workshops. In the first workshop, participants will receive an opportunity to explore the relationship between their own culture, language and communication, and their personal identity. The workshop will introduce the cultural diversity that exists in our daily interactions with the community and our peers. Students will also learn how to build intercultural capacity and reflect on their ongoing experiences. The second workshop in this series builds on the students' experiential learning and dives deeper into intercultural fluency by examining cross-cultural skills in action, in classrooms, the workplace, and at-home and in the larger community. Students will openly reflect on their implicit bias and intercultural conflict management.

The third workshop, developed in collaboration with the FSCS Global Learning Team, the Career Centre and Humber Global, will explore how to reflect on the mentorship experience, global learning developments, and what it means for students' future careers. There is a focus on resume building, interview skills and how to market the Peer Mentorship Program experience to potential employers. Students will also reflect on how skills developed throughout the Mentorship program are valuable as a practitioner in their field.

Stay tuned to hear more about this initiative and to hear from our first cohort of Mentors and Mentees!

Read online at communityservices.humber.ca/news









CCSIF Highlights

Congratulations to Faculty of Social and Community
Services professors Ann Corbold, Daniel Bear, Salomeh
Ahmadi, Sara Nickerson-White and Tina Lackner whose
Applied Research projects that drive Social Innovation were
awarded over 1.2 million dollars. This funding was obtained
through grants from the Natural Sciences and Engineering
Research Council (NSERC) which awarded Humber College
a total of \$1.8 million to conduct and complete six research

projects. The College and Community Social Innovation Fund (CCSIF) grants are intended to support college social innovation research projects in partnership with local community organizations.

The NSERC College and Community Innovation Program grants will support the following projects in the Faculty of Social and Community Services:



Community Agency Partnerships: Best Practices for the Creation of Healthy Communities



Engaging and Educating Young Adult Cannabis 2.0 Consumers



Experiences of hope, self-compassion and authentic collaboration: Foundations for a consumer-informed compassion-based human services delivery framework in a Canadian context



Affordable Housing Needs in South Etobicoke



CCSIF Highlight #1: Engaging and Education Young-Adult Cannabis 2.0

Consumers

Partners:

 Canadian Students for Sensible Drug Policy PRINCIPAL INVESTIGATOR: Daniel Bear

PURPOSE: By targeting this age group we hope to impact long-term cannabis consumption practices, thereby having the best potential for improving public health and wellbeing outcomes for decades to come.

SCOPE OF PROJECT: We will conduct a mixed-methods, three phase project over the course of three years that will engage and educate young-adult cannabis users (18-30), the age group most likely to consume cannabis, and the age group most likely to consume cannabis on a daily or near daily basis.

- In Phase One we will gather the data necessary to understand what new public education materials need to be developed by conducting an online survey and a series of focus groups across the country.
- In Phase Two, we will work with Humber College advertising students, or partner organizations, and cannabis consumers to develop new public education materials focused on effectively engaging consumers with harm reduction information about cannabis 2.0 products.
- In Phase Three, we will launch the new materials, and being an evaluation of their efficacy before updating the materials to respond to any shortcomings identified in our evaluation.

CCSIF Highlight #2: Affordable Housing Needs in South Etobicoke

Partners:

- LAMP Community Health Centre
- Lakeshore Affordable Housing Advocacy and Action Group
- Centre for Equality Rights in Accommodation
- Mimico Lakeshore Community Network

PRINCIPAL INVESTIGATOR: Salomeh Ahmadi

PURPOSE: What are the cost of living issues for low-income and working class citizens, and how can a Community of Practice be created to sustain advocacy efforts to support new models for affordable housing through social policy change?

SCOPE OF PROJECT: With this research project, we will uncover the cost of living issues through community based participatory research (CBPR) in South Etobicoke to develop a baseline of housing affordability; gather input from community members most marginalized to assess the impact of displacement and further marginalization; identify proactive measures to inform decision-making on issues across the 'cost of living' spectrum; contribute to the fight against homelessness; create inclusive and accessible communities; develop a strategy to co-develop and share possible solutions; and advocate for the building of affordable housing through social policy change.

CCSIF Highlight #3:

Community Agency Partnerships: Best Practices for the Creation of Healthy Communities

Partners:

- The John Howard Society of Saskatchewan
- · Street Culture Project Inc

PRINCIPAL INVESTIGATOR: Ann Corbold

PURPOSE: The overarching objective of this project is to help reduce youth crime, particularly gang violence, in Canada.

SCOPE OF PROJECT: Humber College in partnership with John Howard Society of Saskatchewan and Street Culture Project Inc., will be examining the characteristics of effective community agency partnership networks. The project will analyze an existing community agency partnership network to identify best practices in creating and maintaining these types of partnerships.

Additionally, the study will evaluate existing programs aimed at youth 15 - 29 who are involved with the criminal justice system, or at risk of becoming involved, to determine whether they meet agency commitment to being trauma informed, culturally sensitive, free from systemic racism, and aligned with agency commitment to reconciliation.

CCSIF Highlight #4:

Experiences of hope, self-compassion and authentic collaboration: Foundations for a consumer-informed compassion-based human services delivery framework in a Canadian context

Partners:

- Lutherwood
- South West Nova Transition House Association – Juniper House
- The Canadian Foundation for Animal-Assisted Support Services
- Family Transition Place

PRINCIPAL INVESTIGATOR: Sara Nickerson-White and Tina Lackner

PURPOSE: This study seeks to collect co-created lived experience narratives from human service Canadian consumers and providers about their lived experiences of hope, self-compassion and authentic collaboration in the course of HS service delivery. Four HS organizations with local, regional and national service coverage are partnering in this study for the purpose of deepening our understanding of how HS provision can foster the aspirations and preferences in ways that strengthen consumers' abilities to lead self-directed lives.

SCOPE OF PROJECT: Ultimately, this three-year research study will establish a consumer-informed foundation for a much-needed consumer-informed guiding framework that can aid Canadian HS organizations and service providers in their ability to be responsive to the aspirations and preferences of consumers in ways that strengthen their ability to lead self-directed lives. It will do so by bringing together community engaged scholars and applied researchers, along with a vibrant team of local and national community partners.

For a full article on the projects, please visit Humber Today here.





New Scholarship for Black/African Students

Humber's Faculty of Social and Community Services is grateful for the support of **Punjabi Community Health Services**. The organization, helmed by Humber alumnus Baldev Mutta, recently established the Punjabi Community Health Services Scholarship of Excellence, in support of students in either the Bachelor of Behaviour Science or Addictions and Mental Health programs of study. The scholarship will provide financial assistance to a student who self-identifies as Black/African and has demonstrated how they worked on issues related to anti-racism or anti-oppression.

Punjabi Community Health Services is committed to supporting equity seeking groups and specifically students who identify as Black/African. We are grateful to Baldev Mutta and the Board of Directors of Punjabi Community Health Services for their leadership and generosity.

To learn more about this scholarship, and other newly launched scholarships for BIPOC students, please visit Humber's Advancement and Alumni website **here**.



Police Foundations Program Graduate named new School, Community Engagement and Safety Police Officer in Municipality of Grey Highlands, Grey County

Police Foundations Graduate, Nicholas Wilson was recently welcomed to the Grey Bruce Detachment of the Ontario Provincial Police as the new School, Community Engagement and Safety Police Officer in the Municipality of Grey Highlands, Grey County.

The announcement was recently featured in Collingwood Today. Click **here** to read to full article.





Developmental Services Worker, Mitchell Gosse, Profiled in Humber Unlimited E-News

A recent graduate (DSW '20) of the Developmental Services Program, Mitchell Gosse, shares his experience as a DSW student at Humber College. In the article, published in Humber's Unlimited E-News, Mitchell discusses the impact of receiving a Humber scholarship, family, future aspirations and the ability to uplift others through his work.

Click here to read the full article.





The initial shutdown in the Winter 2020 Term caused great disruption to the academic communities of Humber College. So too, did it influence the work of the Lakeshore Grounds Interpretive Centre.

In partnership with Indigenous Engagement and Education, the Lakeshore Grounds Interpretive Centre was set to host an exhibit entitled #WeAreIndigenous, featuring the artworks and video interview series of artists Niigaanii (Emma Petahtegoose), M. Hungrywolf (Marissa Groulx), and James N. Wilson. Each artist reflected their individuality of expression through their work, in communication with each other to rethink, reorder, and re-imagine creativity within their respective fields. With a short turn-around time, the team and artists shifted much of the physical content to an online presence on Facebook, Instagram, and based on the Interpretive Centre's website, **lakeshoregrounds.ca**, throughout the planned run of the exhibit.

Virtual visitors followed the individual perspective, experience, and advice from the artists through recorded video interviews, explored a 360 video of the exhibit space, and attended a live Zoom Artists' Discussion on April 30th to conclude the (now virtual) exhibit experience from the comfort of their homes across Turtle Island.

The surprise benefit of this online transition came in the form of an additional partnership with the Humber Galleries to collaborate on bringing #WeAreIndigenous' video content to the Humber Hub of Nuit Blanche 2020 in celebration of the artists, and their work. The link is still available via the **Humber Galleries website** and on the **Interpretive Centre's YouTube Channel**.

To learn more about the Lakeshore Grounds Interpretive Centre, visit the website **here** or contact the Lakeshore Grounds Interpretive Centre Curator, Jennifer Bazar (**Jennifer.bazar@humber.ca**).

Re-envisioning the GARDENS Pod Project and Food Security in South Etobicoke

The Principal's Office at Humber Lakeshore, in partnership with the GARDENS Advisory Council and LAMP Community Health Centre, continued to provide fresh produce to those in need by supporting the Daily Bread Food Bank and LAMP's Good Food Market through the GARDENS Pod Project. This season, the project donated over 400 pounds of fresh produce to the community. With in-person limitations in place due to COVID-19, the project adapted its educational programming to host 10 virtual educational workshops around food security, food justice, cooking and gardening through various online platforms.

In light of the pandemic, the GARDENS created a new operations model to provide meaningful Work-Integrated Learning opportunities for seven Humber College students in the Faculty of Social and Community Services and the Faculty of Business, including three paid Project Coordinator positions. Students were responsible for maintaining and harvesting pod sites located at nine community partner locations, developing social media content and educational programming, and for conducting research and presenting findings to the GARDENS Advisory Council.



FMCA Students Film Documentary exploring the GARDENS Project Impact on the South Etobicoke Community

On October 14, the GARDENS premiered a documentary titled The GARDENS: Growing Better Communities in South Etobicoke. The documentary was filmed and produced by three students in the Faculty of Media and Creative Arts (FMCA), Simran Nijjar, Matthew Cole and Nick Burton and examines the impact that the GARDENS Project has had on the South Etobicoke Community while exploring how communities can come together to address local issues at a grassroots level. After working on the film as part of their program's Work-Integrated Learning requirement, the filmmakers shared that:

The GARDENS has taught us that we do not have to tackle things individually or to simply 'hope for the best,' but rather when people come together to achieve a common goal, great things can happen. We are beyond ecstatic to have been working with a talented, dynamic, and most of all, passionate group of people looking to encourage positive change in the South Etobicoke community. We hope that our documentary will be able to highlight the great things The GARDENS has done and we look forward to what The GARDENS will do in the future.

The GARDENS Documentary can be viewed online, **here**.





To learn more about the GARDENS POD Project visit **gardenslakeshore.ca** or follow us:



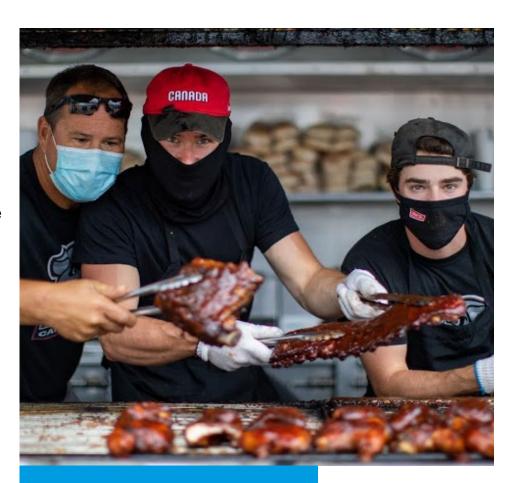




Ribfest

On August 29 and 30, Rotary Etobicoke hosted their annual Ribfest to support fundraising efforts for local community organizations. Lakeshore Campus was excited to collaborate with Rotary Etobicoke in support of the important work they do by hosting the Drive-Thru Ribfest in the West Parking Lot at Humber College.

The Toronto Ribfest has a 20 year history in the community, and has been the signature fundraising event for the Rotary Club of Etobicoke. Over that period, the event has raised over \$4,000,000.00 to support those in need at home in our local community and around the world.





To learn more about Rotary Etobicoke, please visit their website **here**.





Kavelle Maharaj Receives President's Award for Distinguished Support Staff



Congratulations to Kavelle Maharaj for receiving the President's Award for Distinguished Support Staff!

As the Events Coordinator and Community Liaison, Kavelle's work over the past five years has had a meaningful and positive impact on students, staff and stakeholders across the College community, both internal and external to Humber. This nomination recognizes her professionalism, enthusiasm and dedication to her role, which has significantly contributed to Humber's mission and strategic direction.

Kavelle is a natural leader who consistently demonstrates that she is not only a strong mentor for students, volunteers and interns, but that she is a strong mentor to her peers.

To hear more about Kavelle's achievements, visit the HROE Recognition and Awards Website **here**.

"

Kavelle is a natural leader who consistently demonstrates that she is not only a strong mentor for students, volunteers and interns, but that she is a strong mentor to her peers. >>

Principal's Office Wellness Wednesdays Staff Series Kick Off

September 16 was the launch of the Principal's Office Wellness Wednesdays Staff Series. The initiative is a collaboration between The Principal's Office at Humber Lakeshore Campus and the Human Resources and Organizational Effectiveness Team. Both teams are excited to launch the Principal's Office Employee Wellness Series for all Humber and Guelph-Humber staff. This series will occur once a month throughout the year, with the aim of promoting virtual safe spaces for Humber staff to focus on various aspects of health and wellness.

The first interactive session was Mindfulness and Meditation led by our own Faculty of Social and Community Services professor, Tina Lackner. Participants were able to tune into their thoughts, feelings, bodily sensations and being present in the moment, while learning about the benefits of meditation and mindfulness. The next workshop is this series, Virtual Yoga, will be held on October 21, 2020 from 12pm – 1pm. Event registration will open on October 5. Stay tuned – more information will be provided in the Communique and Humber Lakeshore Monthly Newsletter.



The Principal's Office and partners are hosting many events for Fall 2020 geared towards staff, student and community health and well-being. Join us for one or all of our virtual events this semester. Stay connected on Instagram and Twitter by following @humberlakeshore

Please visit the **Humber Lakeshore Campus Website**for more events!



Save the Dates on the Principal's Office Virtual Events Line-Up!

Event	Date	Details
Launch of the Principal's Wellness Talks (in Partnership with HROE)	November 5, 2020	Virtual presentation on various topics regarding wellness, positive psychology, etc. Open to larger audience Pre-registration is required
Wellness Wednesdays Staff Series (in Partnership with HROE)	November 25, 2020 December 16, 2020	Virtual wellness interactive staff workshops on health and wellness Pre-registration required
6 in 6 Speaker's Series is back	November 18, 2020	6 speakers, 6 minutes each Theme – to be confirmed
Mental Health Month Initiatives (in Partnership with various departments)	October - November 2020	Look out for various initiatives and virtual events in October and November

For more information on upcoming Principal's Office events, please contact Event Coordinator and Community Liaison, Kavelle Maharaj (Kavelle.maharaj@humber.ca).