

WE ARE MAKING A DIFFERENCE



HUMBER

Faculty of Social & Community Services

SOC&COM

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**WE ARE
FUTURE FOCUSED**

Letter from the Senior Dean and Principal, Lakeshore Campus

Dear FSCS community,

With the ever-changing temperature, I can't help but hope for an early spring in the year that never really saw winter manifest in all its usual glory. We have endured a particularly grey January, which has certainly impacted folks in a variety of ways. So, I think it's important to highlight the many wellness and professional development opportunities we have and will be engaging in to ensure a healthy, balanced work life in the face of what seems to be a never-ending journey of change both locally and internationally. Despite it all, our Lakeshore Humber community continues to thrive and place supporting our learners at the center of all that they do.

In this edition of SOC&COM, I am happy to share with you the ongoing work associated with the Centre for Social Innovation (CSI). The announcement just before the holidays of our partnership with Texas-based company Othram Inc has created excitement in the forensic science and identification field. This coming Reading Week we will be launching our first ever micro-credential in the use of Investigative Genetic Genealogy and our partners Dr.'s Kristen and David Mittelman will be joining us.

It is always exciting for me to share with you how our community recognizes the wealth of expertise of our faculty and staff. Dr. Soheila Pashang was appointed to the Board of Directors of OASW and Michele Choma was selected for the Inclusivity Committee at the OCSWSSW. Daniel Schwartz and Kerry Watkins were featured in the news sharing their expertise and knowledge. These features not only highlight our highly talented faculty teams, but they also act as a recruitment tool for us, as we focus on the conversion of student applications into future students over these next few months.

Francis Syms not only did a community awareness piece on cybersecurity, but he also accepted the role of Associate Dean, Continuous Professional Learning. We are so excited to have Francis' talent and passion for education be applied within this role.

Our FSCS family has seen great change in these past few months with us welcoming our newest full-time staff members. Please take the time when you can to say welcome to Natalie Snow, Peter Isklander, Shannon Brown, and Deborah Vincent. This issue also brings with it the retirement of Lucy Valentino and Steve Ursel from our faculty complement. We also said goodbye to Associate Deans, Nora Simpson and soon to be leaving us Dr. Theresa Knott.

Letter from the Senior Dean and Principal, Lakeshore Campus (cont'd)

I appreciate this has felt like a lot as of late, but the promise of tomorrow is one of new beginnings for so many, you can't help being excited about what might be around the corner for FSCS.

On the International front our own Ayesha Amin, Linda Hill and Julie Muravsky, are taking a group of 8 students to Denmark during reading week, for 1 week of a three-week COIL (Collaborative Online International Learning) project with our partner UCL. We will look forward to seeing all the photos in our next edition. Also, we have Debbie Harris and Mike Gamble preparing a team of Forensic Identification students for an International CSI skills competition. Best of luck to all, we are all cheering you on.

Our alumni continue to amaze us. I was so fortunate to spend the evening with our Humber Alumni nominees at the annual Premiers Gala, including Jacqueline Edwards our nominee from FSCS who is the first female President of ABLE (Association of Black Law Enforcers). We were thrilled to have her join us on February 15th as a panel member at our Black History Month event.

Please check out the great stories of Taiwo Olalekan, Jodi Kenny and the newly elected Mayor of Orangeville, Lisa Post, from our Bachelor of Community Development Program. We have so many proud Faculty moments to share!

The cooler weather has seen the return of the Principal's skating events and wellness initiatives which are delivered both virtually and in person. The Colonel Sam Smith Park skating trail has been great for getting out and enjoying our Canadian winter. Our speaker series continues to inspire and provide us all with a little extra to assist us during these challenging times.

Finally, take a moment to drop by the third-floor gallery at the Welcome Centre and see the most recent exhibit: Soul Existence. It's the inspiring story of local artist, Susannah Smith, and her mental health journey utilizing art to share her story.

Please continue to stay safe and connected.

Until we chat again,

June MacDonald-Jenkins
Senior Dean, Faculty of Social and Community Services
Principal of Lakeshore Campus, Humber College

Program & Faculty Highlights

HUMBER COLLEGE AND OTHRAM
PARTNER TO CREATE AND
MEASURE SOCIAL IMPACT OF
UNSOLVED CASES ON
FAMILIES AND COMMUNITY

Michele Choma

selected for Inclusivity
Committee at the OCSWSSW

**BBS students attend
ONTABA Conference**

**Appointment of
Dr. Pashang to
Board of Directors of OASW**



Humber College and Othram partner to create and measure social impact of unsolved cases on families and community



A new collaboration between Humber College and **Othram Labs** will measure social and criminal justice impact and develop tools to support law enforcement and the development of programs to educate future forensic professionals.

Othram, the leading forensic sequencing laboratory for law enforcement, located in The Woodlands, Texas, is the world's first private DNA laboratory built specifically to apply the power of modern parallel sequencing to forensic evidence. The company develops best-in-class forensic DNA technology, which has helped law enforcement solve cases locally and nationally throughout the United States and Canada, many of which had been unsolved for decades. Othram recently assisted the Toronto Police Service in high-profile criminal investigations including the murders of Christine Jessop, Susan Tice and Erin Gilmour.

Humber is the only college in Ontario to offer a **Forensic Identification** program providing students with leading-edge forensic knowledge and skills for public and private policing and laboratories. The college also has strong connections to law enforcement across the country.

This exciting partnership will enable applied research initiatives to drive validation and adoption of new DNA technology in forensics. It will also support the development of curriculum to develop the next generation of forensic professionals in diverse topics such as genomics, bioinformatics, and forensic genetic genealogy. For this initiative, Humber's newest Centre of Innovation, the **Centre for Social Innovation**, will provide leadership to identify and cultivate social impact opportunities generated by the partnership with Othram.

The establishment of infrastructure will support the deployment of forensic genetic genealogy and other new tools throughout Canada's forensic and law enforcement communities. It will also measure and monitor the impact of cold case backlog reduction at the level of victims, their families and society at large to affect social policy change.

The collaboration marks the potential for understanding the impacts of forensic-grade genome sequencing technology in a social innovation application. The contribution to social justice initiatives and support of the law enforcement community with emerging investigative technology is unique in Canada.

Read the full press release **here**.



Michele Choma

selected for Inclusivity Committee at the OCSWSSW

We are excited to announce that **Social Service Worker (SSW)** faculty member, Michele Choma has been selected to participate in the **Diversity, Equity and Inclusivity Committee** at The Ontario College of Social Work and Social Services Workers. The Ontario College of Social Workers and Social Service Workers (OCSWSSW) is the regulatory body for social workers and social service workers in Ontario.

The mandate of this Committee is to consider and make recommendations to Council on:

- The potential for and existence of, systemic and structural racism, discrimination or bias within the College's statutory, regulatory and governance policies and processes.
- Strategies to address any identified issues.
- An approach to meaningful engagement with Indigenous communities to implement the Truth and Reconciliation Commission of Canada's calls to action within the regulatory sector.
- The enhancement of educational resources to support College registrants in practising ethically and professionally, with a focus on considerations related to equity, diversity and inclusion.

Congratulations Michele!



**Ontario College of
Social Workers and
Social Service Workers**

Appointment of Dr. Pashang to Board of Directors of OASW



Dr. Pashang, faculty member in the **Bachelor of Social Science, Criminal Justice** program has recently been appointed to the board of directors for the **Ontario Association of Social Workers (OASW)**.

She will be the first community college member to join the board – congratulations Soheila!



**ONTARIO ASSOCIATION
OF SOCIAL WORKERS**

Lawmakers unveil new bipartisan legislation that could ban TikTok across the U.S.

Check out Francis Syms, Professor in the **Protection, Security and Investigation (PSI)** program, speak with CHCH TV – a Hamilton and Halton and Niagara region network, on new U.S. proposed legislation to ban TikTok and what it might mean for Canada.

Watch the full video [here](#).



BBS students attend ONTABA Conference

Four **Bachelor of Behavioural Science** (BBS) students had the opportunity to attend and represent Humber at the **annual conference of the Ontario Association for Behaviour Analysis** in early December.

The students thoroughly enjoyed the opportunity to hear speakers who presented on the newest clinical approaches and research in the field of Applied Behaviour Analysis (ABA). They also were able to network with other professionals and students, as well as confirming their commitment to their future in the ABA field. Speakers represented the broad field of ABA and the full range of clients that ABA clinicians work with.

One student commented that she particularly enjoyed Dr. Shayna Gaunt's talk on recognizing bias and how easy it is for bias to go unnoticed. In particular, Dr. Gaunt discussed bias in the field of Applied Behaviour Analysis and how it impacts clinicians' abilities to work productively with other professions. Another student noted that she had the opportunity to hear speakers who have been in the field

a long time talk about the progression of behaviour analysis over the past 50 years. She also learned about master's programs available in ABA, which helped her to prepare for her future after she graduates from our BBS degree.

A third student stated: "I saw professionals in fields of behavioural science that I did not know about. I learned that research is conducted, analyzed, and discussed in real time. I know of peer reviewed articles, but this conference allowed us to discuss strategies implemented, how they affected behaviour, and personal knowledge from the research conducted. This was my favourite part. The conference allowed me to meet possible future employers, colleagues, and game changers. I could see myself in the future on the stage sharing my research and answering questions to future Humber students like me. All around humbling experience because i wondered if I had a place in the field, and now I know without a doubt I do!"



Cyber Safety with Francis Syms

This past holiday season, Francis Syms, faculty member in the **Protection, Security and Investigation** (PSI) program, spoke with **Toronto.com** to outline key tips to avoid online scams. While this information is especially important during the holiday season, it's pertinent year-round as we continue to shop via e-commerce sites. Francis urges shoppers to be cautious of suspicious sales, fraudulent coupon codes and delivery notices, especially those which ask you to visit a site via a URL or QR code. To read the full article click [here](#).

Francis' knowledge sharing did not stop there, in early January 2023 Francis was also interviewed by both **CTV News** and **CHCH News** channels about the increase in recent cyber-attacks on popular e-commerce stores and organizations such as the LCBO, Sick Kids Hospital and Bet MGM. Francis spoke about the opportunistic nature of these attacks due to the monetary reward scammers often receive for selling lists of personal data. To watch the CTV Clip, click [here](#).

BBS students win awards from ONTABA

At the annual conference of the **Ontario Association for Behaviour Analysis (ONTABA)**, two students in the **Bachelor of Behavioural Science (BBS)** won awards! Each year there is a large number of applicants for these awards and winning one is a testament to the excellence of our students.

Solanch Speranza Baro, a second year student, won the Diversity, Equity, and Inclusion Award. Samantha Smith, also a second year student, won the Student Award. Both these students are very involved with the BBS, since Solanch is a class representative and Samantha is a class leader. They also are both working in the Applied Behaviour Analysis (ABA) field providing behavioural supports to individuals with special needs.

Congratulations to both students!

Kerry Watkins interviewed by local news

In January, both Global and CBC News interviewed **Protection, Security & Investigation (PSI)** faculty member, Kerry Watkins.

Global News on the Legal Considerations within Criminal Investigations:

The Global News interview arose out of an Ontario murder case in which the accused was questioned and confessed, and in which he incriminated the estranged wife of his victim. Kerry spoke about the legal and methodological considerations involved in questioning suspects in criminal investigations. The interview was included in an episode of the program Crime Beat; watch full episode [here](#).

CBC News on Mass Murder in Nova Scotia:

The CBC News interview arose out of the mass murder in Nova Scotia in which the wife of the killer was questioned by police.

Kerry spoke about the need to establish evidence based best practice standards for suspect questioning, which currently do not exist in Canada. The interview is to be included as part of a larger story on the tragedy that will appear in video and print and we can expect this interview to air over the next few months.



Daniel Schwartz interviewed for podcast by the UK's International Association of Crime and Intelligence Analysts

Program Coordinator of Humber's **Protection, Security and Investigation (PSI)** program, Daniel Schwartz, was recently interviewed for a UK based podcast that explores topics on crime and intelligence. The podcast is a part of the Association of Crime & Intelligence Analysts (ACIA), a community of crime and intelligence analysts from across the UK and Ireland. The podcast speaks to guests from a variety of backgrounds, experiences and professions, but all with valuable and insightful views on Crime & Intelligence Analysis and its place in modern society.

The podcast episode featuring Daniel is titled "From being an Intelligence Analysis to Academia: What can we learn from Daniel Schwartz?" and was released in August 2022.

To listen to the episode, click [here](#).

New Full-time Faculty in the FSCS

We are excited to announce four new full-time faculty within the Faculty of Social & Community Services.



Deborah Vincent

is joining FSCS in the capacity of a Full-time faculty in the Bachelor of Behavioral Science Program

Natalie Snow

is joining FSCS in the capacity of a Full-time faculty in the Bachelor of Social Science – Criminal Justice Program.



Shannon Brown

will be joining us as Full-time faculty in the Bachelor of Child & Youth Care program beginning in January 2023.

Peter Iskander

is joining FSCS in the capacity of a Full-time faculty in the Police Foundations Program.



Retirements in the FSCS



Lucy Valentino

In Fall 2022, faculty member Lucy Valentino retired. Lucy taught for over 10 years in the BAA and Justice Studies programs at the University of Guelph-Humber. We wish her the best in the next chapter!

Steve Ursel

Steve Ursel is retiring from Humber's Police Foundations program. Steve joined the program as a Full-time Faculty member in 2020. Enjoy your retirement, Steve!



Work-Integrated Learning & Community Partners

Introducing
FSCS WIL Manager:

**Meaghan
Catalano-
Perez**



INTRODUCING FSCS WIL MANAGER:

Meaghan Catalano-Perez



Meaghan Catalano-Perez has assumed the role of Manager of **Work-Integrated Learning** (WIL) within the Faculty of Social & Community Services as of January 9, 2023.

Meaghan joined Humber in June 2022 as an Academic Program Manager and worked very closely with Associate Dean, Nora Simpson, on transforming the **Continuing and Professional Learning** (CPL) unit to be responsive to current learners' needs and proactive in planning future roadmaps.

Prior to joining Humber, for more than fourteen years, Meaghan worked in various roles at Springboard Services, as well as at Lakeshore Area Multi-Service Project, supporting community capacity building and employment for at-risk and vulnerable youth and adults.

The FSCS are thrilled to welcome Meaghan on board.

Global Learning and International Initiatives

FSCS Exchange Students

FACULTY-LED TRIP
TO DENMARK

Summer and
Semester Abroad

CSI Challenge



Follow us on Social Media!



#HumberFSCS

Summer Abroad

This summer, all Humber students have the opportunity to study abroad and take courses for Humber academic elective credit (GNED or DEGE) or **Co-Curricular Record (CCR)** experience. This includes both diploma and degree students, including students in their final semester!

FSCS students can choose from different programs, ranging from 2 to 4 weeks, in nine countries: Denmark, Croatia, Austria, Finland, England, Wales, India, Vietnam and Japan.

The best part? There's a Humber Travel Bursary available of up to \$3,000 to help eligible students offset the cost of their travels. Summer abroad is a fantastic way for students to travel and study in another country, with other students and plenty of activities and events planned, on a short-term basis. More information on the programs available for Summer abroad can be found [here](#).

Application deadlines for Summer 2023 abroad are February 26.

Semester Abroad

FSCS degree students may also be eligible to study abroad for an entire semester. This is a chance to get Humber core and elective credits through approved courses at one of Humber's partner academic institutions internationally without paying additional tuition fees! Interested students should email the FSCS Global Coordinator, **Ayesha Amin** expressing interest with their program, semester of study and N-number to find out what options they may be eligible for. More information on Semester Abroad can be found [here](#).

Applications for Fall 2023 abroad are due March 5, 2023!

FSCS Exchange Students

We were thrilled to host five exchange students at the FSCS in Fall 2022 – the first semester that we have welcomed exchange students since the pandemic started! Salma, Jet and Helena joined us from the Netherlands, and Quyen and Anh from Vietnam. The students studied in the **Bachelor of Behavioural Science, Criminal Justice, Addictions and Mental Health, and Child and Youth Care** programs. They loved their experience at Humber, and took advantage of weekends, Reading Week, and the holidays to travel to many destinations across Ontario and Canada, including Niagara Falls, Ottawa, Montreal, Quebec, Vancouver, and Banff! We love welcoming exchange students to our Faculty and watching them form new friendships that will last a lifetime.



Faculty-Led Trip to Denmark

For Winter Reading Week 2023, eight students from the **Bachelor of Behavioural Science, Child and Youth Care, Addictions and Mental Health, and Community Development** programs, are visiting Odense, in Denmark, accompanied by Linda Hill, Julie Muravsky, and Ayesha Amin, as part of a three-week **Collaborative Online International Learning (COIL)** initiative, with our academic partners **UCL University College**. This interprofessional learning project brings together students from different disciplines and countries, to learn together, and collaborate on case study interventions, comparing interdisciplinary

and international approaches to support. This program will consist of two weeks online, and one intensive week in-person in Denmark, visiting local supportive organizations, and working with the students involved in the Teacher Education, Social Education and Social Work programs at UCL, to create a video showcasing their interprofessional approaches to care.

FSCS faculty members interested in leading a faculty trip abroad should contact the FSCS Global Coordinator, **Ayesha Amin** to discuss planning a learning trip for students next year.

FI students compete in CSI Challenge

A group of students from the **Forensic Identification (FI)** program are headed to the Robert Fram CSI Challenge, held February 24-26, 2023, at Mount Saint Mary's University in Emmitsburg, Maryland. Led by faculty members Mike Gamble and Debbie Harris, both former detectives, the teams will compete with others joining from colleges and universities across North America, to solve a simulated crime scene.

In 2019, a team from the Justice Studies program at Guelph-Humber, won.

The FI teams will be training weekly for six weeks leading up to the competition. Not only is this a fun experience, but a wonderful opportunity for students in the one-year program, to increase their knowledge and skills under the close direction of experienced and respected former police. We wish both teams well in Maryland.

Advancement and Alumni

You're Invited to
the Humber Cafe!

**FSCS Receives
\$25,000+ Grant to
Support LGBTQ+
Community Work**

**FSCS Alumni
Stories**

You're Invited to the Humber Café!

Humber students and recent grads can work on building their professional networks now by joining the Humber Café. Humber alumni can share their life and career advice, and gain mentorship experience with current students and recent grads through joining, as well.

Anyone interested in learning about or joining the Humber Café can do so **here!**



FSCS Receives \$25,000+ Grant to Support LGBTQ+ Community Work

After a successful grant application from Linda Hill, Program Coordinator of the **Community Development** degree, the Faculty of Social and Community Services has received \$26,243 to undertake an LGBTQ+ focused community project from October 2022 – May 2023.

This grant is part of Humber's **Community Partnership Fund** and will generously support work with LGBTQ+ youth in partnership with **Lakeshore Arts** and **RexPride**, a program that supports the 2SLGBTQ+ BIPOC (Black, Indigenous, People of Colour) youth, 12–24 year olds, in the Rexdale/North Etobicoke community.



FSCS Alumna nominated for *Premier's Award*

Jacqueline Edwards

Jacqueline Edwards began her career with the Correctional Service of Canada and became the first female president of the **Association of Black Law Enforcers (ABLE)**, initiating important conversations and relationships to reform anti-Black racism in law enforcement. She was awarded the Queen Elizabeth II Golden Jubilee Medal and she received in 2021 the **Ontario Association of Chiefs of Police's President's Award of Merit**, the highest honour for Ontario police leaders. Edwards leads by engaging diverse voices in building bridges between the sector and the community. She serves on several sector boards and committees, advocating and emphasizing the co-creation of change.

Jacqueline graduated from Humber's Law and Security Administration program in 1994. Congratulations on your nomination!



Alumni Stories

Taiwo Olalekan

I came to Canada in 2017 as an asylum seeker from a country with little to no social support for its citizens or residents. The unexpected and inexperienced social support which I received on my arrival to Canada gave me a perspective on the importance, role, and contribution of social assistance/services to society.

As time pass by, I began to see people with different needs, social inequality, and others in society, I felt the need to contribute toward providing solutions to societal issues, by enrolling in the **Social Service Worker (SSW)** program at Humber College.

The endless support from all my instructors and academic staff, coupled with the philosophical lens of social service gave me a brother perspective of the history, progress, and achievements of social services from inception till date, the political and legislative roles, including the importance of advocacy.

I got my first employment with a community agency while I was in my second semester in the program. I was also given the opportunity to do my placement with other agencies to acquire more experience. This has been and continued to be a great fit for me as a social service worker while contributing towards a better society.



Alumni Stories (cont'd)

**Jodi Kenny**

I always knew that helping people realize and meet their goals was a passion of mine. In 2019, through a leap of faith, I decided to leave my career as an administrative assistant to pursue studies at Humber college as a **Social Service Worker (SSW)**. I applied as a mature student and a single mother to a teenager after being out of school for nearly 20 years. Changing careers and choosing Humber was one of the best decisions I had ever made.

I began my journey at Humber in September of 2020, right in the middle of the pandemic. Though classes pivoted to an online learning environment, this did not stop me from connecting with faculty and my peers. During my time at Humber, I volunteered with Orientation and worked as a peer tutor both in **Peer Assisted Learning Support (PALS)** and the **Writing Centre**. I graduated in June 2022 with honours and the confidence of knowing that I would have a successful career in social services. The relationships I formed with faculty combined with the support and knowledge I gained from the SSW program will stay with me throughout my career.

Directly after graduation, I was hired on by The John Howard Society after completing my student placement with them and soon moved onto the Bachelor of Indigenous Social Work program at Laurentian University. I am currently working relief positions at both Women's Habitat and Native Child and Family Services Toronto while I complete my IBSW full time. My goal is to complete my master's in social work and eventually start my own agency. The foundation I received from Humber college continues to open doors and help me reach both my educational and career goals.



Current Bachelor of Community Development Student, **LISA POST**, elected Mayor of Orangeville

“As a 4th year student of the **Bachelor of Community Development** program, I am filled with pride and a sense of accomplishment to stand before all of you as the newly elected Mayor of Orangeville. My journey to this role has not been a straight line, but rather a winding path filled with twists and turns and both Humber College and my professors have played an integral role.

My path to community development began when I married young and started my family. At 18, I was not sure what I wanted to do with my life and did not have the opportunity to continue my education. Instead, I went to work to support my family, but what I found was that my job as a retail manager for various large brands brought me joy and a wealth of life experiences.

Working in retail taught me many valuable skills, including how to lead and inspire others, how to understand and appreciate different cultures, and how to be a good role model for my kids, my coworkers, and my community. As I grew in my career, I began to realize the importance of giving back to my community and started volunteering with non-profit organizations. Through my volunteer work, I found my true passion and discovered new talents I never knew I had.

This led to me running for Town Councillor in my community

and to making the decision, at 39 years old, to start my post-secondary journey. The Community Development program that Humber offers has given me education, grown my skills and given me the confidence in my knowledge and application of that knowledge within my own community. Now, as Mayor, I have the opportunity to make a real difference in the lives of the people who live in Orangeville and neighbouring municipalities, and I am committed to doing all I can to make our community a better place for everyone.

With the help of my dedicated staff, our Council team, the support of my family, and the backing of the community, I look forward to continuing to build upon the progress we have made together, and to creating a more equitable and inclusive Orangeville for all residents.

As a Community Development student, I have learned to prioritize my focus to ensure we are building a strong community and the valuable knowledge I have gained through my time at Humber has solidified my desire to focus on strong social policies.

I am honoured and humbled to serve as the Mayor of Orangeville and proud to be a Humber College student and I look forward to the work that lies ahead. I am excited for the opportunity to make a difference in our community.

– Lisa Post

Principal's Office

PRINCIPAL'S OFFICE UPCOMING EVENTS - WINTER 2023

Interpretive Centre
Third Floor Gallery -
Soul Existence

JANUARY SKATE DAY

**Social Wellness
Keynote with
Samra Zafar**



Interpretive Centre Third Floor Gallery – Soul Existence

The **Lakeshore Grounds Interpretive Centre** is excited to announce the opening of a new exhibition on the Third Floor Gallery entitled **Soul Existence**. Featuring the artwork of new Toronto-based artist Susannah Smith, the show explores the artist's mental health journey through the visual metaphor of painted butterflies.

Inspired by Colonel Samuel Smith Park and surrounding natural landscape as a place of reflection, Smith also reflects on the former life of Humber's Lakeshore Campus as a mental healthcare institution in the creation of her pieces.

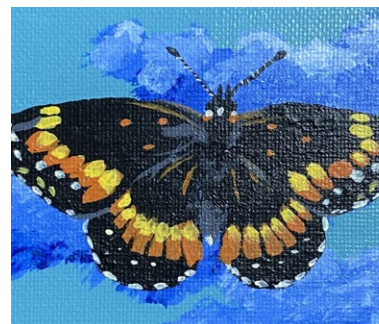
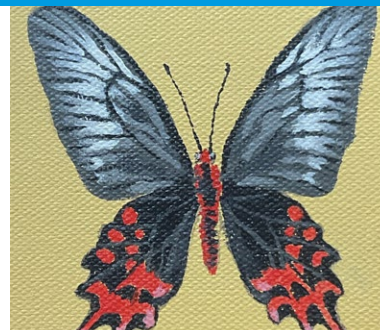
Explore Susannah Smith's kaleidoscope of butterflies illustrating her mental health journey in Soul Existence.

On now until April 14, 2023:

*Student Welcome and Resource Centre, Third Floor
2 Colonel Samuel Smith Park Drive, Etobicoke ON*

The Third Floor Gallery space is open Monday to Friday from 7:00 a.m. to 6:00 p.m.

A Closing Celebration will be hosted on the Third Floor Gallery on April 13, 2023, from 6:00 p.m. to 8:00 p.m. Remarks from the artist will occur at 6:30 p.m. The Celebration is free in attendance for all with light refreshments provided.



LakeshoreGrounds.ca
info@lakeshoregrounds.ca
416-675-6622 ext. 3801

January Events at Humber Lakeshore

January Skate Day

To kick off the Winter semester, the Principal's Office hosted it's first of three ice skating days on Wednesday, January 11th! Attendees enjoyed the scenic ice trail and chats with colleagues along with free coffee, hot chocolate and donuts.

We are excited for the next skating day on February 16th which will be in the evening and open to all staff, faculty and their families - see you there!



Social Wellness Keynote with Samra Zafar

On Wednesday, January 25th Humber staff and faculty joined us for the January wellness talk. This talk focused on the topic of Social Wellness with keynote speaker Samra Zafar. Samra shared her empowering story of being a child bride, and how she used wellness practices and tools to become the leader she is today. Attendees learned tools to help connect to their authentic selves and further develop leadership skills. As usual, a special prize was also raffled off at the end of the talk!

Principal's Office Upcoming Events – Winter 2023



Join us for our events this semester. Stay connected on Instagram and Twitter by following **@humberlakeshore**

Please visit the **Humber Lakeshore Campus Website** for more events!

PRINCIPAL'S OFFICE PRESENTS:

ICE SKATING SESSION

COLONEL SAMUEL SMITH PARK SKATING TRAIL
LAKESHORE CAMPUS



Skating Days

Session 2: Thursday, February 16th
5:00 – 6:30 p.m.

Session 3: Wednesday, March 8th
12:00 – 1:30 p.m.

Colonel Samuel Smith Park Skating Trail
65 Colonel Samuel Smith Park Drive, Etobicoke ON.

Join us for our upcoming skating days to enjoy the beautiful skating trail along with warm beverages and treats! Skates are not needed to participate in this event as attendees are welcome to enjoy the company of their colleagues over their lunch break and get some fresh air. Our February skate is open to your family and friends as well.

Free for all Humber staff & faculty.

Financial Wellness

with Financial Wellness Expert and Coach
Lesley-Anne Scorgie

Presented by the Lakeshore Principal's Office

Wednesday, March 29th 2023
12:00 pm - 1:15 pm

G Building, Room 101A/B
Lakeshore Campus, Humber College

**Lesley-Anne
Scorgie**

Open to all Humber Staff & Faculty.
Livestream link sent to those who register.

Light Lunch will be provided.
Attendees will qualify for a prize raffle.

Wellness Speaker Series Financial Wellness Keynote with Lesley-Anne Scorgie

Wednesday, March 29th
12:00 – 1:15 p.m.

G Building – Centre For Entrepreneurship (G101A/B)
or Virtual via MS Teams.

This month's wellness talk will focus on Financial Wellness with keynote speaker Lesley-Anne Scorgie. As a Financial Wellness Expert and Coach, Lesley is here to provide attendees with insights on how to be more mindful with money. She will touch on the psychology of why we use our money the way we do and a recession-proof map to building wealth.

Free for all Humber staff & faculty.