

WE ARE MAKING A DIFFERENCE

# SOC&COM

## Principal's Office

*YEAR IN REVIEW*  
2022-2023

**WE ARE  
FUTURE FOCUSED**



# Interpretive Centre Campus Tunnel Tours

As we welcomed our learners back to campus this September, many of them (students, staff, and faculty alike!) joined the [Lakeshore Grounds Interpretive Centre](#) on tour. In the first month of the semester, we hosted over 430 people on campus history tours! Through partnerships with **First Year Experience (FYE)**, the **International Centre**, **IGNITE**, and several of our own FSCS programs (Shoutout to all five of the Police Foundations Programs) the engagement and eagerness to learn was widespread across all tours. We also engaged with programs from **Faculty of Media and Creative Arts (FMCA)** and **Faculty of Liberal Arts & Sciences (FLAS)**, including a few visiting from North campus, with whom we were all too pleased to share the diverse histories and unique landscapes of the Lake. Many of these tours participated in a hands-on workshop, reading through primary source records from the Hospital to build understanding of the human experience of the site through an Equity, Diversity and Inclusion (EDI) lens.

Perhaps an eagerness to be back in-person, coupled with the iconic red brick buildings and their heritage brought out the best in our students! Participants brought insightful and EDI focused reflections, engagement, and curriculum connections - proving once again the strength of Humber's students - and the value they will bring to their future careers!

Despite a few rainy days, the Interpretive Centre and classes activated the third part of our mission - to research, preserve, and share the histories of the campus with great impact. Tours and class activities were led by the Interpretive Centre's Curator Nadine Finlay and were also joined by instructors of the respective courses - some of whom heard the tour multiple times and might be able to team up with the Interpretive Centre in the delivery next year!

We look forward to hosting more of these programs throughout October for Humber's Mental Health Month, as well as throughout the year to both the public and academic communities!





# The GARDENS Project

**The GARDENS Project** is a collaboration between LAMP Community Health Centre and Humber College, with oversight by the GARDENS Advisory Council (GAC), a grassroots group made up of residents, agencies, and community leaders in Etobicoke-Lakeshore. The primary goal of the GARDENS project is to improve food security in South-Etobicoke while engaging, educating and empowering the community through access to nutritious food and free hands-on training and learning experiences.

The GARDENS partners with local businesses and schools to reclaim and repurpose underutilized land for the purpose of growing fresh produce. Produce is donated directly back to the community through mediums such as LAMP's Good Food Market, the Daily Bread Food Bank, or directly to those in need.

This year, the growing season, which ran from end of May to end of September, contributed 420 pounds of fresh

vegetables and herbs harvested from the Pods, and donated to the New Toronto Food Bank, LAMP CHC's Good Food Market, and EarlyOn programming. There were also seven workshops delivered on gardening and wellness-related topics, free to community members. A [community cookbook](#) was also developed this year, filled with community members' favourite recipes, which is free and accessible on the GARDENS website.

To wrap up a successful season, a Harvest Celebration was held on September 28 in the G Building at Lakeshore Campus. This event celebrated the contributions from partners and volunteers who helped to maintain the multiple Pods at various locations. After a presentation of appreciation by **Ayesha Amin**, Global Learning & Strategic Initiatives Coordinator at the FSCS and Principal's Office, attendees enjoyed light snacks, the community cookbook, and went home with swag bags as a thank you.



# Sustainability Projects at Humber

From the new **Friendlier** reusable container pilot to the introduction of **Birch Bark Coffee** from Indigenous Fair-Trade roasters, our campus continues to make strides towards a more eco-friendly and sustainable future. Read about all the new and continuing initiatives in place at Humber via the Humber's Office of Sustainability newsletter [here](#).

If you're working on a sustainability initiative and you'd like to be featured in their next newsletter, please email [sustainability@humber.ca](mailto:sustainability@humber.ca)



# NETFLIX

## Lakeshore Campus on the Silver Screen

The Humber Lakeshore Grounds have been a popular setting for films, TV shows, and commercials since the late 1970s. Our campus has been home to many movie and television sets throughout the years, from blockbuster hits like ***Suicide Squad*** to Canadian classics like ***My Big Fat Greek Wedding***. While the **Humber Interpretive Centre** is an excellent source to track which productions have filmed on the Lakeshore Campus, another tracker has been established through popular streaming platform Netflix.

Netflix has debuted an interactive map of Canada that identifies where movies and shows which they have produced were filmed. The map also showcases screen stills from the scenes where the locations were used to help viewers easily identify the surroundings and buildings. You can scroll or filter by film or show and explore different filming locations across the country.

Check out what Netflix has filmed at Humber's Lakeshore Campus by interacting with the map [here](#).





# Outdoor Teaching Sit Ups

To support sustainable, Indigenous and interactive outdoor education the Lakeshore Principal's Office (in collaboration with the [Office of Sustainability](#) and the [Faculty of Liberal Arts and Sciences](#)) has purchased a set of 50 foam sit-upons. The sit-upons are light, durable and waterproof cushions which can be used to establish or support an outdoor classroom. Our campus is surrounded by beautiful nature and scenery, these cushions were procured to support faculty who believe moving curriculum to an outdoor setting will be beneficial for learning outcomes. We hope these cushions help to reduce barriers for learning outdoors.

We encourage our faculty to take advantage of warmer fall temperatures over the next couple months and connect students learning to the beautiful naturalized wild spaces or our sculptural open spaces on our campus.

Stay tuned for more information about where the sit-upons will be stored and how you can sign out a set for your class. Once a system is established, all faculty members from across the college can sign out the sit-upons.





# Lakeshore Campus Events

## Nuit Blanche touches down on Humber's Lakeshore Campus

On Saturday, October 1st the Lakeshore Campus welcomed upwards of 10,000 visitors during our first ever Nuit Blanche event. Nuit Blanche is a city-wide exhibition featuring art projects from various artists. After years of only hosting art projects in the Toronto downtown core, in 2022 Nuit Blanche presented in various neighborhoods, including Don Mills, East Danforth, Bloor-Yorkville, Lakeshore, and Fort York.

This event hosted upwards of 15 art projects and installations, many of which were created by or in collaboration with Humber students or partnerships.

Humber offers several fellowships that have our students working closely with industry partners on projects. Two of these – the Nuit Blanche Fellowship and the Indigenous Transmedia Fellowship – saw our students create art projects that was part of this year's Nuit Blanche event. Check out the below exhibits that featured Humber students and partners:

**Stolen** is a short fiction suspense thriller that's inspired by the real-life horrors of the Sixties Scoop, the intergenerational impacts of which are still felt today. In the film, a young Indigenous mother wakes up one morning to discover her son is missing from their family home. Everyone she turns to for help either disbelieves her story or suspects her of wrongdoing.

**Artists:** Indigenous Transmedia Fellowship 2022, Sage Petahtegoose, Kendra Brightnose, Aaron Sinclair, Kenya Brown, Mekowasopesim Misquadis-Mack, Morgan Pannunzio

**Medium:** Film Installation



*Tug by Artist John Notten*



## Nuit Blanche touches down on Humber's Lakeshore Campus (cont'd)

**Native Enough** is a seven-minute art film that presents the struggles Indigenous youth face in the modern world where they are confronted by offensive stereotypes, blood quantum laws, and family expectations. It stars Caitlyn Murphy-Eagleson and Dave Monday as two people struggling with their own individual identities. Audiences follow them as they share their emotional journey of being Indigenous youths in the modern-day world.

**Artists:** Sage Petahtegoose, Mykelti Knott, Jacob Rogers, Morgan Pannunzio, Mathew Magneson, Evan Bowman, Caitlyn Murphy-Eagleson, Dave Monday, Deanne Hupfield, John Hupfield

**Medium:** Film Installation

**Tawitihwin** is a short documentary film that addresses 2-Spirit and gender identity discrimination within Indigenous communities. The title translates to "To have an open heart" and is woven through the stories of artists and spokespeople of the 2-Spirit community who share their experiences of celebrating their identities in the face of adversity.

**Artists:** Sage Petahtegoose, Kendra Brightnose, Morgan Pannunzio, Mathew Magneson

**Medium:** Film Installation

**A Way Closer** is a 10-minute interactive digital art piece that invites viewers to take on the role of an unnamed character trying to escape the commotions of everyday life. Inspired by Nuit Blanche Toronto's curatorial theme, this immersive video game experience reflects on all the relationships people sometimes take for granted.

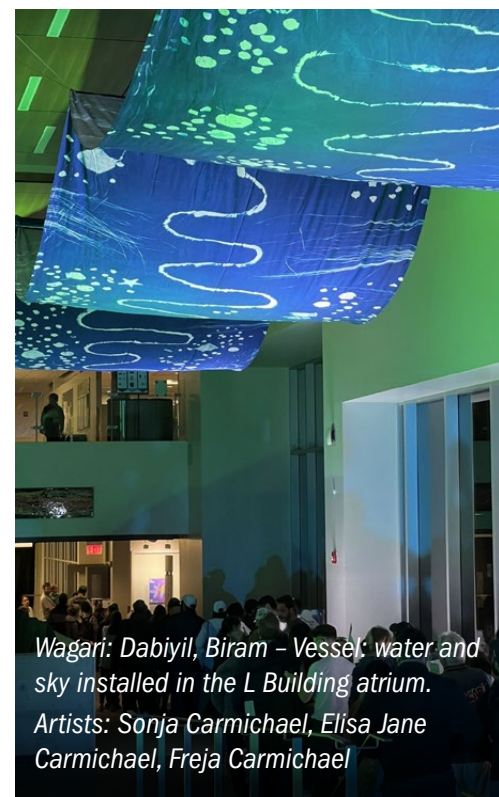
**Artists:** Nuit Blanche Fellowship 2021, Mason Victoria, Andres Arroyo, Dana Dabagh, Matt Greenwood, Dhaivat Jani, Hailey Nguyen, Mercedes Psenicnik, Mert Tanatmis

**Medium:** Digital Media

**Together, Apart** is a 15-minute immersive and interactive digital art projection that invites audiences to witness stories about migration, inclusion, distance, and acceptance, demonstrating how people emerge from hardship – sometimes stronger than ever before. It examines the vitality of storytelling by using a series of interviews conducted over the summer months, exploring everyday connections people have with their kin, culture, and land.

**Artists:** Mason Victoria, Ismail Ali, Arshdeep Boparai, Lucy Collingwood, Antony Grice, Ashley Meza-Wong, Joshua Ross, Roshane Wright, Adam Yee-Stewart

**Medium:** Installation



*Wagari: Dabiyil, Biram – Vessel: water and sky installed in the L Building atrium.*  
**Artists:** Sonja Carmichael, Elisa Jane Carmichael, Freja Carmichael





# MOVING FOR MENTAL HEALTH AWARENESS 4KM



**THURS. OCT. 13TH, 2022**  
**12:00 PM - 2:00 PM**

**LAKE SHORE CAMPUS - BEHIND C/D BUILDING**

## SCAN TO REGISTER







Canadian Blood Services  
BLOOD  
PLASMA  
STEM CELLS  
ORGANS  
& TISSUES

Are you 17–35 years old?  
Register here to  
become a stem  
cell donor.

GetSwabbed

Join Canada's Lifeline.  
Visit [blood.ca/stem-cells](http://blood.ca/stem-cells)  
to learn more.



## Stem Cell Swabbing

Did you know there are currently over 1,000 Canadian patients waiting for a stem cell match? To assist, Humber has partnered with the Canadian Blood Services to host our very first Stem Cell Swabbing Event in hopes a match may be found! Humber Students, Staff and Community Members between the ages of 17-35 were eligible to swab. Information on blood and plasma donation, nutrition and other health-related services were available. Find out more information on eligibility [here](#).

The event took place on Tuesday, October 18<sup>th</sup> from 10:00 a.m. – 3:00 p.m. in the BMO Commons on the main level of G Building. All students, staff, faculty and community members were welcomed. Over 25 folks were swabbed in the hopes of saving a life! No appointment necessary!



# Wellness Talks



Humber Faculty and Staff joined us on Monday, October 24<sup>th</sup> from 12:00 p.m. - 1:00 p.m. in the BMO Commons for our Wellness Talk. This month's wellness talk was facilitated by speaker and comedian Kate Davis. Kate spoke to the group and created an interactive session that invoked laughter and playfulness. Kate's generous insight and outspoken character, provided a powerful combination to empower our staff with effective tools for managing stress

and sustaining motivation. We hope all attendees left with practical techniques for refueling, rediscovering and reengaging with their true selves.

Another Wellness Talk will be hosted on Tuesday, Nov 22<sup>nd</sup> from 12:00 p.m. - 1:00 p.m. with the focus of Physical Wellness.

More info to come soon!

## Humber Holiday Party

"Walking in a Winter Wonderland" – Is exactly how we'd like our Humber staff/faculty and their families to feel during this year's Holiday Party! Activities for ALL ages will be hosted alongside the Holiday Market happening near the WEL building, Lakeshore campus. Attendees can look forward to various food choices, free photobooth, culinary classes, children's activities and more. With a theme of giving and appreciation, we hope all attendees will be able to share the true holiday spirit.

Join in on the Holiday Fun on Saturday, November 26<sup>th</sup> from 10:00 a.m. - 3:00 p.m. in the L Building.







## Interpretive Centre Third Floor Gallery – Soul Existence

The **Lakeshore Grounds Interpretive Centre** is excited to announce the opening of a new exhibition on the Third Floor Gallery entitled **Soul Existence**. Featuring the artwork of new Toronto-based artist Susannah Smith, the show explores the artist's mental health journey through the visual metaphor of painted butterflies.

Inspired by Colonel Samuel Smith Park and surrounding natural landscape as a place of reflection, Smith also reflects on the former life of Humber's Lakeshore Campus as a mental healthcare institution in the creation of her pieces.

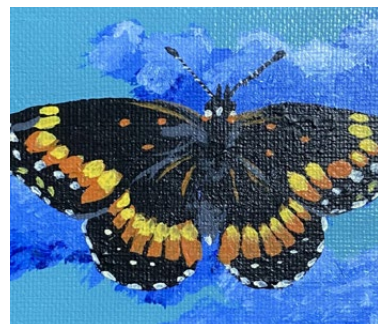
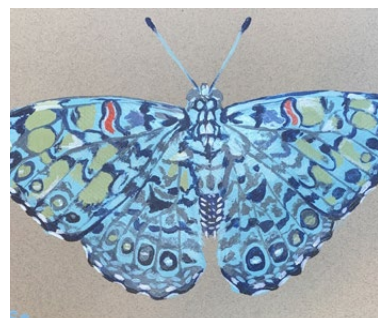
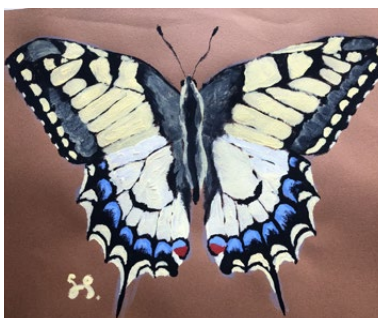
Explore Susannah Smith's kaleidoscope of butterflies illustrating her mental health journey in Soul Existence.

On now until April 14, 2023:

*Student Welcome and Resource Centre, Third Floor  
2 Colonel Samuel Smith Park Drive, Etobicoke ON*

The Third Floor Gallery space is open Monday to Friday from 7:00 a.m. to 6:00 p.m.

A Closing Celebration will be hosted on the Third Floor Gallery on April 13, 2023, from 6:00 p.m. to 8:00 p.m. Remarks from the artist will occur at 6:30 p.m. The Celebration is free in attendance for all with light refreshments provided.





# January Events at Humber Lakeshore

## January Skate Day

To kick off the Winter semester, the Principal's Office hosted it's first of three ice skating days on Wednesday, January 11<sup>th</sup>! Attendees enjoyed the scenic ice trail and chats with colleagues along with free coffee, hot chocolate and donuts.

We are excited for the next skating day on February 16<sup>th</sup> which will be in the evening and open to all staff, faculty and their families - see you there!



## Social Wellness Keynote with Samra Zafar

On Wednesday, January 25<sup>th</sup> Humber staff and faculty joined us for the January wellness talk. This talk focused on the topic of Social Wellness with keynote speaker Samra Zafar. Samra shared her empowering story of being a child bride, and how she used wellness practices and tools to become the leader she is today. Attendees learned tools to help connect to their authentic selves and further develop leadership skills. As usual, a special prize was also raffled off at the end of the talk!



## Principal's Office Upcoming Events – Winter 2023



Join us for our events this semester. Stay connected on Instagram and Twitter by following **@humberlakeshore**

Please visit the **Humber Lakeshore Campus Website** for more events!

PRINCIPAL'S OFFICE PRESENTS:

## ICE SKATING SESSION

COLONEL SAMUEL SMITH PARK SKATING TRAIL  
LAKESHORE CAMPUS



### Skating Days

Session 2: Thursday, February 16<sup>th</sup>  
5:00 – 6:30 p.m.

Session 3: Wednesday, March 8<sup>th</sup>  
12:00 – 1:30 p.m.

*Colonel Samuel Smith Park Skating Trail  
65 Colonel Samuel Smith Park Drive, Etobicoke ON.*

Join us for our upcoming skating days to enjoy the beautiful skating trail along with warm beverages and treats! Skates are not needed to participate in this event as attendees are welcome to enjoy the company of their colleagues over their lunch break and get some fresh air. Our February skate is open to your family and friends as well.

**Free for all Humber staff & faculty.**

## Financial Wellness

with Financial Wellness Expert and Coach  
**Lesley-Anne Scorgie**

Presented by the Lakeshore Principal's Office

Wednesday, March 29<sup>th</sup> 2023  
12:00 pm - 1:15 pm

G Building, Room 101A/B  
Lakeshore Campus, Humber College

**Lesley-  
Anne  
Scorgie**

Open to all Humber Staff & Faculty.  
Livestream link sent to those who register.

Light Lunch will be provided.  
Attendees will qualify for a prize raffle.

### Wellness Speaker Series Financial Wellness Keynote with Lesley-Anne Scorgie

Wednesday, March 29<sup>th</sup>  
12:00 – 1:15 p.m.

*G Building – Centre For Entrepreneurship (G101A/B)  
or Virtual via MS Teams.*

This month's wellness talk will focus on Financial Wellness with keynote speaker Lesley-Anne Scorgie. As a Financial Wellness Expert and Coach, Lesley is here to provide attendees with insights on how to be more mindful with money. She will touch on the psychology of why we use our money the way we do and a recession-proof map to building wealth.

**Free for all Humber staff & faculty.**



# Florals, Naturally

The **Lakeshore Grounds Interpretive Centre** will be hosting a brand-new exhibition to usher in Spring: *Florals, Naturally* featuring the paintings of Courtney Carstens.

As we explore the world of watercolour flowers, we delve into the principles of permaculture, a system of designing landscapes that work with nature, rather than against it. Permaculture emphasizes the importance of using organic, sustainable methods of gardening and farming, and incorporates ideas such as biodiversity, soil health, and natural systems of pest control.

In Ontario, permaculture is especially important when it comes to the cultivation of native plants and flowers. By planting and preserving these species, we can create a more balanced ecosystem, and help to maintain the delicate relationships between plants and their pollinators. Ontario is home to a diverse array of native plants and flowers, which all play important roles in the health and vitality of local ecosystems.

Artist Courtney Carstens is particularly drawn to nature and botanicals. Her paintings beautifully capture the details and colours of the natural world, and she frequently experiments with new techniques that push the boundaries of her craft. In addition to her artistic pursuits, Courtney is also a certified permaculture teacher, having studied the principles of sustainable living and organic gardening.

*Florals, Naturally* will be on display from May 8<sup>th</sup> to July 28<sup>th</sup>, on the third floor of the Welcome and Student Resource Centre at 2 Colonel Samuel Smith Park Drive.

The exhibition is free to attend, and open to all audiences. Visit [LakeshoreGrounds.ca/florals-naturally](https://LakeshoreGrounds.ca/florals-naturally) for more info.







## BLACK HERITAGE 365: FROM RESISTANCE TO RESILIENCE

**Wednesday, February 15<sup>th</sup>, 2023**

**G Building – Centre For Entrepreneurship**

*Panelists: Honourable Jean Augustine, Ian Stewart, Jacqueline Edwards, Carla Neto, Keddane Dias*

On Feb. 15<sup>th</sup>, 2023, the first annual Black Heritage 365: From Resistance to Resilience panel was hosted by the office of MPP Hogarth in partnership with Humber College. This event showcased stories and advice from prominent Black figures from the Etobicoke – Lakeshore and Humber Community.

Panelists included:

- Carla Neto, Executive Director at Women's Habitat in Etobicoke
- Ian Stewart, pharmacist, owner of the largest Shoppers Drug Mart in the Etobicoke-Lakeshore community and philanthropist
- Jacqueline Edwards, Humber alumna, President of the Association of Black Law Enforcers (ABLE), 2021 recipient of the Ontario Association of Chiefs of Police (OACP) President's Award of Merit
- Keddane Dias, Executive Director of LAMP Community Health Centre
- Honourable Jean Augustine, the first Black female MP and cabinet minister in Canada







**Financial Wellness**  
with Financial Wellness Expert and Coach  
**Lesley-Anne Scorgie**

Presented by the Lakeshore Principal's Office

Wednesday, March 29th 2023  
12:00 pm - 1:15 pm  
G Building, Room 101A/B  
Lakeshore Campus, Humber College

*Open to all Humber Staff & Faculty.  
Livestream link sent to those who register.*

Light Lunch will be provided.  
Attendees will qualify for a prize raffle.

**Lesley-Anne Scorgie**

## FINANCIAL WELLNESS KEYNOTE

**Wednesday, March 29th, 2023**  
**G Building –**  
**Centre For Entrepreneurship**

On Mar. 29<sup>th</sup>, we hosted the final installment of the wellness series. This session focused on Financial wellness with guest speaker Lesley-Anne Scorgie. Lesley shared the wealth builders roadmap, tips on investments and saving and how to make an effective budget and financial plan. We hope to host a follow-up session with Lesley to put those tips into action!

## MINDFULNESS

**Monday, March 13th, 2023**  
**L Building**

*Facilitator: Debbie Krulicki*

On Mar. 13<sup>th</sup>, Mindfulness@Humber hosted its first in-person session at the Lakeshore campus in partnership with the Principal's Office. Participants were walked through a mindfulness exercise and learned a few tips and tricks they could use every day. We look forward to hosting more sessions soon!



**Free Mindfulness Session**

Mindfulness@Humber X the Principal's Office

**Monday, March 13th, 2023**  
**12:15 - 12:45 PM**  
L Building - Rm. L1017, Lakeshore Campus

Learn and practice Mindfulness skills that help you manage stress and anxiety.

**Register Now - Link In Bio!**

HUMBER  
Centre for Innovation  
in Health & Wellness  
Centres of Innovation Network





## MOVIE NIGHT: STEADFAST WITH HONOURABLE JEAN AUGUSTINE

**Wednesday, April 5th, 2023**  
**Assembly Hall**

On April 5<sup>th</sup>, we had the pleasure of hosting a movie night for the screening of *STEADFAST: The Messenger and the Message*, a documentary on the life of the Honourable Jean Augustine. Attendees enjoyed various concession snacks and the documentary which gave great insight into the history of Black History Month in Canada and the and the immense advocacy and leadership Jean played in getting it into legislation. After the screening, Jean shared words with the audience. We look forward to hosting more movie nights, if there are any suggestions please let us know!

